

# EAR TO THE GROUND

SURVIVOR  
SERVICE USER  
MAD IDENTIFIED  
( SSUMI+ )  
and ALLY **VOICES**

Organisations and Action in the UK  
1971 – 2010

**Catalogue of a Personal Archive  
Collection in Mental Health**

**Anne E Plumb**

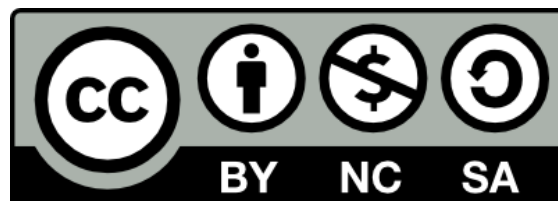
First published in Great Britain in 2022 by  
TBR Imprint, 26 Chapel Road, Sale, Manchester M33 7EG, UK  
( free online )

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Revised - Appendix 5 added in 2023

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ISBN - 978 191 314 8133

Access:

This PDF is 14 point Arial when printed A4 size (10 point at A5),  
and other formats including large print are available from the publisher.

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Survivor /  
Service User /  
Mad Identified ( SSUMI+ )  
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Organisations and Action in the UK, 1971 – 2010

Catalogue of a Personal Archive Collection in Mental Health

## **Anne E Plumb**

TBR Imprint, 2022

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### KEY –

- \* The use of **asterisks** is to show this item is an article in the Asylum magazine, related to this entry and worth consulting.
- The use of **bullet points** is to show this item is a book or similar publication related to this entry and worth consulting.

Green text is used for the names of organisations, or for headings, or for both.

# FOREWORD

by Peter Beresford

Anne Plumb has a long track record as a pioneering voice in the psychiatric system survivor movement and that is one reason why this initiative is so helpful and valuable. Another is that she has long worked to clarify the differences and relationship between the disabled people's and survivors' movement - not to be divisive, but to ensure that both could be understood and advanced in their own right. Long ago she helpfully made the point that the real scope for solidarity and strength between them came from what she saw as the 'non-conformist approach' of both (Plumb, 1994).

The survivor movement is a distinct movement, with a history, culture and a literature of its own, as well as one having links with the disabled people's and other new social movements, fighting common causes against discrimination and oppression, for human and civil rights.

I had the privilege of working with Anne as a member of Survivors Speak Out and I am proud now to have been asked to write this Foreword for *Ear To The Ground* all these years later. This is because represents an important step forward for the survivor movement. Drawing on her own archive it provides a road map to key founding literature of the Survivor movement internationally. We are nothing without our history – without it can be as though we never existed. Moreover it leaves a space for others to rewrite our accounts for us. That is why it is so important both to have control over our history, to be able to record it ourselves and also for it to be readily available for others to see, learn from and build on. It represents more than another brick in the wall; it helps create a firm foundation for the understanding of future generations and this publication really helps us to access it.

I remember when Survivors Speak Out secured some funding and we were able to appoint someone as a worker and that worker, survivor Gloria Gifford, was able to begin the process of building up an archive of materials that was more widely available. How wonderful it was to see those rows of shelves of our own and other helpful publications. Sadly, when the funding ended, that

was the end of that and in the intervening years, if anything, funding policy has gone back on itself, with the big traditional psychiatrically based charities dominating the discussion and getting a disproportionate slice of the cake. Now both survivors' and disabled people's own organisations are increasingly insecure, with many having been lost over the last few years of austerity and anti-public spending politics.

This makes the publication of *Ear To The Ground* even more important for a movement so long starved of resources and official recognition and mental health service users / survivors usually fed only a diet of psychiatrically based analysis and 'treatment'.

Of course there may be gaps here, but it is only once you have a foundation, such as this text offers, that you can really begin to identify and fill these. Here we can find and draw upon the original thoughts and fruits of survivor self-organization from 1971 to 2010, with an introductory guide to help us use it and access the original materials. We see here the names of some of the most visible and innovative initiators of this movement but also those of others perhaps less well known but whose contributions reflect the breadth and depth of the movement and shouldn't be forgotten. We also encounter those pioneers who from their direct experience and identities challenged the racism, sexism, ageism, heterosexism and disablism that still sadly confront many needing to turn to the psychiatric system for support. I was privileged to know and work with many of them and regard that as one of the highlights of my life. Like all movements, the survivor movement was and is more than the sum of its parts, but each one of those is worth identifying, celebrating and learning from.

The essence of all social movements and movements based on lived experience and experiential knowledge is to be able to speak and act for yourself. Here are such pioneering words, often previously inaccessible, made more readily available to reach the wider audience and readership they deserve and demand. They give greater power to current survivor struggles to question the dominance of eurocentric psychiatry, with its ever-extending individualizing ambitions and influence, imposed on more and more groups as an alternative to responding to new and rising social problems with much needed collective and social and political solutions. They highlight that *there*

*is another way* based on the analyses and approaches of survivors ourselves.

These are terrible times of community breakdown, of harsh so-called welfare reform, which particularly penalizes mental health service users / survivors, of a preoccupation with people being in employment - however damaging that might be and an ignoring of the consequences it may have for our physical and mental wellbeing. We live in an age of neoliberal politics where the historic lessons we have learned - that none of us is an island and that poverty and inequality, while particularly damaging some of us, are destructive for all of us. I feel more confident working for a different future with Anne's guide beside me and I think many more survivors and allies will be able to as well. By looking back and mapping our survivor inheritance, we can make sure that survivors are more able inclusively and together to make progress challenging madness and a maddening world, armed with the wisdom, energy and efforts of those who came before them.

## **Reference**

Plumb, A. (1994), *Disability Or Distress?: A discussion document*, Manchester, Greater Manchester Coalition of Disabled People

## **Author**

Peter Beresford OBE is Visiting Professor at the University of East Anglia, Co-Chair of Shaping Our Lives, the national user led organization and network and a long term user of mental health services.



# INTRODUCTION

by Anne Plumb

Asked to explain the use of my personal archive collection, I have to acknowledge that it has become distinctly historical. Not only have there been distinctive social, political and cultural changes in the last 15 or so years but the internet has arrived in many people's lives meaning that a phenomenal amount of information is readily accessible. And global. An ongoing website forum <https://healingsanctuary.proboards.com> demonstrates this.

The healing sanctuaries site was set up 10 years ago and is maintained by an administrator with, as he says, a dual diagnosis of addiction and schizophrenia, but the forum was constructed to invite open debate – a kind of wikipedia mental health, says the administrator. Defining myself as a mental health system survivor, my collection meanwhile contains many challenges to psychiatry and its diagnoses but is not an out and out call for its abolition. Rather it demands that critical voices are heard and responded to.

Our selections are personal, one deriving from social media, mine from random leaflets, pamphlets, newsletters, newspaper articles, booklets, that I encountered 'at the grassroots'. A look at the dvd From Anger to Action produced by Mental Health shows another view of the 1990s.

Nevertheless, my archive collection has the potential to engage with social media through the intended interactive nature of the Manchester Central Library's Archive Project eg through blogs arising from contemporary issues.

Both the healing sanctuaries forum and my archive collection arose through our respective needs to make sense of our own mental health crises and conditions and find appropriate support for ourselves and others. Both of us have had diagnoses of psychosis although I prefer to talk of extra-ordinary / altered states.

Where does this leave my archive collection? I believe it is important that we recognise the roots to the topical issues of today regarding mental health, the

provision of services and support for anyone needing it. I was a member of Survivors Speak Out, a UK network of service users / recipients / resisters who were and often still are deemed as having no insight into those experiences which had led to a psychiatric diagnosis. This archive collection contains our voices.

Today, our numerous voices can be heard throughout the internet. I should add, however, that it was never the intention of the predominately UK activists listed in my archive collection to disparage individuals who accepted psychiatric diagnosis and treatments and who found these helpful, as indeed they may be.

We placed the spotlight on the mental health system demanding new perspectives and better and alternative support for individuals and the recognition and addressing of harms and damage eg iatrogenic effects. These efforts, whether prominent or small, are represented in my archive collection. It is a tribute to all the activists who, out of personal experience, set out to challenge and change what were perceived as damaging, non-meaningful, or unhelpful aspects of psychiatry. This has not been easy.

There is still a place for our voices today within activism, in public policy considerations and more generally, in academia.

\* \* \*

I am extremely grateful to Tony Baldwinson for introducing me to the Archive Project and for offering to produce my catalogue, with all the work this has entailed. I should also like to thank those who donated items to me, in particular Eamer O'Keefe, Viv Lindow and Graham E.

## EDITOR'S NOTE

Firstly, it's simply a great privilege to be asked by Anne to edit and publish her work from her many carefully typed catalogue notes.

This archive collection includes details of books and journals as well as papers, and they tell an essential story. Depending on storage requirements, some archives separate out the location of books and journals (a library) from loose papers and artefacts (a collection), however these are all catalogued together here to maintain the **integrity** of Anne's collection.

To help people find items there are subject and name **indexes** here, and the name index includes some radical people by name as well as organisations.

There are some inevitable duplications and these are **cross-referenced** by the catalogue reference number. For example - (see 257).

There are notes which give organisational context to the catalogue, and these are in **square brackets and italics**. Some relevant items are held in other archives and the reader is pointed towards those. Various items have been kindly donated to Anne and their provenance is acknowledged. The physical form of items is sometimes given to add clarity, especially for items that are not loose papers. For example – [ *a complete set is held at ...* ]

Please note that not every web link given here might still be 'live', but they are included because there might be back-copies held online in the Internet Archive, also known as the Wayback Machine.

On a personal note, the idea of publishing this catalogue as a book as well as a database is because it is so rich that it deserves to be **browsed**, to be read and explored almost like a novel, to find again the radical histories that have become neglected in many orthodox narratives in mental health. To pick just one: to know again that some mad people in the UK celebrated Bastille Day, 14 July, because the people of Paris had liberated the lunatics as well as prisoners, both of the groups being incarcerated within the same building.

TB

# ARCHIVES+

Archives+ is an excellent service run by Manchester City Council and based within the Central Library in St Peters Square. There is a secure **Search Room** where visitors can inspect requested items from storage. Most of the collections are stored securely offsite, with staff-only archival rooms underneath the library for items waiting to be inspected or returned offsite.

Archives+ is part of the network of statutory archives regulated by The National Archives (TNA). Archives+ has taken ground-breaking steps to ensure it includes many relevant collections from Manchester's many diverse communities and social movements, with strong outreach, exhibition and engagement programmes.

Being part of the TNA network, similar archives, museums, galleries and libraries across the UK can ask to loan items from Archives+ for their local display, all with professional transportation and security.

One especially welcome feature of Archives+ is that there is the option for people's and organisation's collections to be **deposited**, as well as the alternative choice of being donated. Most archives don't give this option and insist on having materials given only as a donation, given them irreversible legal and ownership rights of everything in the collection, including how it might be used or discarded in the future.

A deposit is a **loan** of the materials, ideally intended for 25 years or longer. The only obligation is to cover the staff costs for the time they have used to preserve and improve a collection if it is being taken back. For example, not every collection arrives with a complete catalogue.

Finally, we're told the staff team at Archives+ are very interesting in supporting the development of similar community archives programmes and outreach services across the UK, helping build the capacity of local agencies. Hopefully this expertise will be resourced at the appropriate national level.

Anne Plumb's unique collection of papers and artefacts is due to be housed within the Archives+ buildings soon.

## DIGITAL COPIES

The intention is to make digital copies of the materials in this collection as widely available as possible. Anne has already taken much time to carefully digitally scan many of these papers with thanks to Bob Sapey's support.

However, there are some limitations that need to be recognised in terms of digital copies.

Firstly, nearly all of these materials were 'born analogue' so the digital copies start out as visual copies, such as a basic PDF. This basic format is not accessible to visually impaired people, and also it cannot be understood and processed by search engines.

Helpfully, the accuracy of OCR (optical character recognition) software is improving each year, and the prospect of making 'born analogue' PDF files fully accessible is gradually improving.

Secondly, the process of making digital copies is very labour intensive, involving many hundreds of hours of effort for each collection. It is not a trivial task by any means and cannot be magicked into being. Nor is it a particular rewarding task, for example for volunteers, who would rather be developing their skills and knowledge. Some automation of scanning is possible which uses mechanical transport mechanisms to handle the paper, but there is a risk with older, fragile papers of damage including tearing and destruction.

Thirdly, there are some legal restrictions on making digital copies. For example, the making of copies of books and magazines is normally forbidden, only the original item can be shared. The same applies to video and audio recordings, even if available offline such as in DVD or CD formats.

Sometimes a waiver is possible to allow for library and educational uses. But the waiver for personal use in research cannot always be relied upon, for example it doesn't apply to photographs, video and audio recordings.

The intention remains to make these materials as accessible as possible, but readers are asked to appreciate these limitations.

# Ear to the Ground

---

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### Alliances, Social Models, Disability, Madness, Neurodiversity

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  - Brigit McWade: A politics of difference?
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#### **KEY –**

- \* The use of **asterisks** is to show this item is an article in the Asylum magazine, related to this entry and worth consulting.
- The use of **bullet points** is to show this item is a book or similar publication related to this entry and worth consulting.

Green text is used for the names of organisations, or for headings, or for both.

# APPENDICES

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5 i History outline from website Andrew Roberts (p22)

5 vi UKAN history. GE visit to Terry in Leeds. 7 April 2012 (p23)

5 viii. Material Stored by Graham E, compiled July 2012 (p23)

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# Feedback on this book

Anne Plumb is a grassroots historian who has been carefully and sensitively documenting radical mental health survivor histories for the last half century. The result is an invaluable resource for future scholars, historians and activists. Highly recommended.

**H. Spandler**

Professor of mental health studies, UCLan, and  
Editor, Asylum: the radical mental health magazine.

I had the privilege of scanning many of the early documents in Anne's archive and found them fascinating. This archive is historically important as it gives us an insight into the thinking, the politics and the strategy of people and groups that were pivotal in developing the mental health movement.

**Bob Sapey**

Survivor / service user activists need to know our history and honour those who went before us. That is why I am so grateful to Anne Plumb for producing this fascinating catalogue of her extensive archive. It is a vital resource for the UK survivor movement, giving us access to the riches she has gathered over decades of activism.

**Anne O'Donnell**

Survivor activist, Scotland

In the years following the implementation of the Mental Health Act 1983, Anne (along with fellow colleagues from the Survivors Network) generously gave their time and shared their experience and expertise with social workers who were training to become Approved Social Workers.

As an ASW myself, and the convenor of the training, I had the privilege of witnessing and taking part in the lively debates that took place in response to Anne's key challenge – can an ASW be an ally of the Survivor movement? I know that Anne's input gave students much to reflect upon, broadened their horizons and ultimately, for many, changed how they approached their professional practice. The copious notes and handouts she provided, both those chosen from her own collection and those she wrote to support her teaching, supplied us all with a rich source of reading material to carry forward. I'm delighted to see that those notes have made their way into this wonderful archive, sitting alongside a vast array of compelling materials and adding to their richness and complexity.

What a powerful resource this collection is, and how valuable it will be to those wanting to find their way through the history of the Survivor movement. It has been said that if you want to know where you're going, you need to know where you've come from. The resources catalogued here, bearing witness to Anne's lifelong commitment to keeping her 'ear to the ground', will provide an invaluable map to guide that journey onward.

**Suzy Braye**

Anne Plumb, Tony Riley, and I formed DATA (Distress Awareness Training Agency) in 1988. We had come together as a result of a letter Anne had submitted to Rochdale & District Mind's newsletter, 'That word consumer'. The letter forms part of this splendid archive collection. Each of us had been invited to provide survivor or service-user perspectives at training events. We decided to set up our own training collective. It was the first of its kind in the United Kingdom. Anne was always a principled and intellectual guide for us.

**Andrew Hughes**

A real achievement and very worthwhile charting of the period in which people with experience of psychiatric wards, hospitals, diagnoses and medication made their voices heard such that now the involvement of service-users in mental health services is seen as the desirable norm.

**Graham E**  
Survivor History Group

Anne Plumb's personal archive is a material example of the longstanding, diverse and widespread history of the survivor movement, that from the outset grappled with key issues of tensions and solidarities within and across different marginalised and oppressed groups, inside and beyond services. We need to know this history to know our present. Particularly admirable is the meticulous cross referencing across the archive, its open character – explicitly organised to be open to other contributions – and the way it engages and traverses the local with the global, connecting up with debates in North America and across Europe. This archive shows the extensive mutual learning and support movements underway before the internet age, whose modes of mobilisation and activism remain key inspirations for survivor movements today.

**Erica Burman**  
Professor of education, University of Manchester

It is a most impressive piece of work and much needed so that this body of work is made available to people who have an interest in the topic.

**Thurstine Basset**

Seeing the wealth of collective knowledge concerning mental health contained in Anne Plumb's personal archive is so heartening. The diversity of voices reflected in this archive is critically important in the current climate of heightened polarisations in mental health politics.

**Dina Poursanidou.**  
Survivor Researcher





# Ear to the Ground



**“I feel more confident working for a different future with Anne’s guide beside me and I think many more survivors and allies will be able to as well”**  
Peter Beresford OBE

**“The result is an invaluable resource for future scholars, historians and activists - highly recommended”**  
H. Spandler

**“This archive is historically important”** Bob Sapey

**“It is a vital resource for the UK survivor movement”** Anne O'Donnell

**“What a powerful resource this collection is, and how valuable it will be to those wanting to find their way through the history of the Survivor movement”** Suzy Braye

**“Anne was always a principled and intellectual guide for us”**  
Andrew Hughes

**“A real achievement and very worthwhile charting of the period in which people with experience of psychiatric wards, hospitals, diagnoses and medication made their voices heard”** Graham E

**“We need to know this history to know our present.”** Erica Burman

**“It is a most impressive piece of work and much needed”**  
Thurstine Basset

**“The diversity of voices reflected in this archive is critically important in the current climate of heightened polarisations in mental health politics.”**  
Dina Poursanidou

