



A happy smile from 20-year-old Lorraine Mahoney who has been chosen for the Commonwealth Paraplegic Games.

Polio victim Lorraine swims for Britain in New Zealand games

LORRAINE MAHONEY has spent most of her life in a wheelchair but before you begin to feel sorry for her, let me tell you that she is not a girl who welcomes sympathy for the simple reason that she does not need it.

In fact this young student is having a much more exciting life at the moment than most of us for not only is she doing work she enjoys but she has just heard that she has been chosen to take part in the Commonwealth Paraplegic Games in New Zealand next January.

Middlesbrough - born Lorraine was only three when she became a polio victim which affected the lower part of her body and part of an arm. At first she had a home teacher, then went to boarding school. Two-and-a-half years were spent in hospital with spinal trouble but when she was 15, she went to her local grammar school and obtained six 'O' levels and three 'A' levels.

Lorraine is now doing a four-year-course for her Asso-

ciateship of the Clothing Institute. The first half has already been completed and recently she has come to Dukes and Marcus Ltd., in North Shields for a year's practical experience in their factory.

Entered

During this period of industrial training she will spend some time in each department learning everything about clothing manufacture from pattern-making to the completion of an outfit.

After doing her final year at a Manchester college, Lorraine hopes to enter the design side of the clothing trade.

It was after joining the British Polio Fellowship that she learned to swim at the

age of six and every week she went for a lesson. Her two years in hospital put an end to this interest and in fact, it was not until she was 16 years old that she became involved in this sport again.

At that time, she came into contact with the Teesside Disabled Sports Club and it was through this group that she was entered for the national paraplegic games at Stoke Mandeville.

"People come from all over the country and everyone who takes part is in a wheelchair," Lorraine told me. This adventurous girl entered the chair dash and the slalom — which included manoeuvring a chair around an obstacle course — and for these, she won two gold awards.

Lorraine also took part in the swimming events and achieved two silver awards.

Training

As a result, she was encouraged to concentrate on her swimming, for which she had a natural ability. At this year's national games, she took a gold for swimming and retained her gold for the two other events.

Swimming practice now take up about five evenings a week. Some of the sessions are in Tynemouth Swimming Pool and at weekends, when she returns home to Middlesbrough she has a swimming coach to help and advise her.

Every fortnight, her coach sends in a report to the official Great Britain coach of her times and distances and before the Commonwealth Games, she expects to spend a number of weekends at Stoke Mandeville for training sessions.

The Commonwealth Games are being held at Dunedin, New Zealand, next January and Lorraine will be entering the swimming section and taking part in track events. In all, the games last a week but the English team will be abroad for a total of three weeks.

Delighted

"It will be my first air trip and en route, we will spend two days in Los Angeles as guests of a disabled organisation," she said excitedly, "and after the games, we all have a week's holiday on the south island of New Zealand."

In the comparatively short time she has been seriously training, Lorraine has cut a considerable number of seconds from her original time when swimming. Competitors are graded into distances according to their disabilities and Lorraine is in the 25 metres section.

Lorraine is a very happy girl and is absolutely delighted at being included in the team. "As a newcomer to speed swimming, I am learning all the time and if I am not successful on this occasion, there may be another opportunity at the next games in four years time," Lorraine commented.

Sept. 1973

Four set off on wheelchair marathon

FOUR members of Teesside Disabled Sports Club set off from York today on a record-breaking attempt.

They hope to propel their wheelchairs the 52 miles to Teesside in two days, stopping at Thirsk tonight.

If they finish, they will have pushed up their own previous British wheelchair marathon record of 17 miles by 35 miles.

The four are raising money for their club by collections on the way and have sponsors for each mile they cover.

The leader of the team is marathon wheeler Des Taylor, who is taking part in his third wheelchair marathon. Other members of the team are: John Simpson, Peter Whelan and Lorraine Mahoney.

● Sheriff of York, Coun. R. Puleyn, sets the wheelchair marathon on its way.

May 1974



May 1973



Four earned pint—and £300

A WELL-EARNED pint and about £300 towards a mini-bus with a chair lift — that was the reward yesterday for four disabled people who completed a sponsored 17-mile wheelchair marathon from Darlington to Middlesbrough.

The four, Des Taylor, 48, Lorraine Mahoney, 20,

Peter Whelan, 19, and Malcolm King, 21, are all members of the Teesside Disabled Sports Club, which organised the marathon.

They took it in turns to push themselves along to raise cash for the bus, which will be used to take members on outings and to sports meetings.

Each of the four were sponsored for sums ranging from 1p to 50p a mile.

They completed the effort in just under five hours.

The same team of four, plus weightlifter John Simpson, will be taking part in the national disabled games at Stoke Mandeville next Sunday.

Our picture shows Des Taylor doing his share in the marathon with support from friends John Wilde (left), and Thomas Mahoney (right) with his dog Pip setting the pace.

June 1972



WHEELCHAIR - BOUND
Lorraine Mahoney, above, is preparing to take up a sporting career that could take her all the way to New Zealand.

Miss Mahoney, 18, of Jefferson Street, North Ormesby, lost the use of her legs through polio when she was three.

She has been a member Teesside Disabled Sports Club for two years, and last weekend she represented the club in the national Paraplegic Games at Stoke Mandeville.

In this, her first serious attempt at sporting activities, she won two silver medals for swimming and two golds for wheelchair events. Lorraine was seen in the water by the England swimming coach and he

Lorraine's target is New Zealand

advised her to take up serious training.

In three weeks she plans to take part in the Scottish paraplegic games, and she is setting her sights on the international games at Stoke Mandeville next year, followed by the paraplegic Olympics in New Zealand in 1974.

Lorraine, a management student at Teesside Polytechnic, is astonished by her sporting success.





May. 1974

'Double' for North team

A TEAM from the North-East is the first in the country to score a double victory in a national sports and swimming contest.

They won both the British Polio Fellowship's national sports and national swimming gala at Stoke Mandeville.

The Northern team, made up of more than 30 fellowship members from Newcastle, Teesside, Gullborough and South Shields, swept the board with 829 points scored in the two sections and they carried away eight trophies, 56 gold medals and the

national championship shields.

The competitions included 19 sporting events and 28 swimming events. As a result of the Northern team's success 18 members have been selected to take part in the national sports organised by the British Society of the Association for the Disabled which will be held at Stoke Mandeville next month.

Newcastle members of the team are pictured. They are back row (left to right), Maureen Mackenzie, John Attersall and Dorothy Cross. Front row, left to right, Albert Duncton, Nora MacDonald and Jean O'Connor.

A 52-MILE road marathon at the weekend raised nearly £400 for a Cleveland organisation — and a woman and three men involved in it did it sitting down.

All members of the Teesside Disabled Sports Club, they pushed their wheelchairs from York to Middlesbrough in half-hour sprints in a total of 15½ hours, breaking a previous club record.

Said team leader and club secretary Mr. Des Taylor, today: "It was hard work, but worth every minute. We collected £75 from well-wishers along the route and the rest will come

52-mile wheelchair marathon a success

from sponsors.

"The Army were our hosts for an overnight stop at Topcliffe and the WRVS provided refreshments at Stokesley—the hospitality of both was first-class. We each did half an hour's pushing at a

time, the others travelling in a van.

"It was a big relief when we finally reached the steps of Middlesbrough Town Hall to be met by the club chairman, Mr. Alf Summers," said Mr. Taylor, who lives in Longbank Road, Ormesby.

Our photographer caught the party (above) on the A19 just north of Thirsk. They are, left to right, Lorraine Mahoney, Des Taylor, John Simpson and Peter Whelan.

Aug. 1973



52-mile Wheelchair Marathon



May

1974

Picture and story by Evening Gazette, Middlebrough.

A 52-mile road marathon held in Yorkshire recently raised about £400 for charity — and it was performed by disabled people sitting in their wheelchairs.

All members of the Teesside Disabled Sports Club, they pushed their wheelchairs from York to Middlebrough — 52 miles — in a total of 15½ hours, thus breaking a previous club record.

The Army acted as hosts for an overnight stop at Topcliffe and there was a further stop at Stokesley for

refreshments. The participants took it in turns to work half-hour periods while their reliefs were transported by van.

"It was hard work but worth every minute," said Mr. Des Taylor, the team leader and club secretary. "But it was a big relief when we finally reached the steps of Middlebrough Town Hall."

The picture shows some of the team on the A10 north of Thirsk. Mr. Taylor is seen second from left.



Lorraine wins a kiss from Big Joe

Polio victim Lorraine Mahoney, of Pine Road, West Didsbury, Manchester, gets a congratulatory kiss from European heavyweight champ Joe Bugner (left) at the British Polio Fellowship National Sports at Stoke Mandeville Stadium for Disabled.

Lorraine competed in several events and took three firsts, a second, and a fourth. She helped the North of England team win the games with 637 points. Yorkshire came second with 608.

The North also won the swimming gala, beating the South of England team by five points.

September
1974

THE North-East will have three representatives in the Commonwealth Paraplegic Games, in New Zealand, this month. Loraine Mahoney (Middlesbrough), a swimmer, Janet Swan (Burnopfield), and Ron Parkin (Dalton) fencers, were among the 50-strong squad that flew from London to Los Angeles yesterday, on the first stage of the journey down under.

Mahoney, who lives in North Ormesby, and works at North Shields as a fashion designer trainee, will compete in two swimming events, the 25 metres freestyle front and the 25 metres breaststroke, apart from the slalom, a wheelchair obstacle event, and a 60 metres wheelchair dash.

Loraine, 20, and a polio victim since the age of two, has won swimming honours at regional and national level.

"I am feeling a bit nervous, not at flying, but competing," she said before leaving Tees-side.

Janet, a copy typist in Durham, admitted she also had a few butterflies — "Over the long journey, not the Games."

An outstanding competitor in the Commonwealth Paraplegic Games at Edinburgh, she won two gold medals, two silver, and a bronze. In New Zealand she will compete in the fencing, as an individual and a team member, and in the table tennis.

Parkin, of Dalton, near Richmond, will also be a defending champion. In Edinburgh he won gold medals in the sabre and foil events.

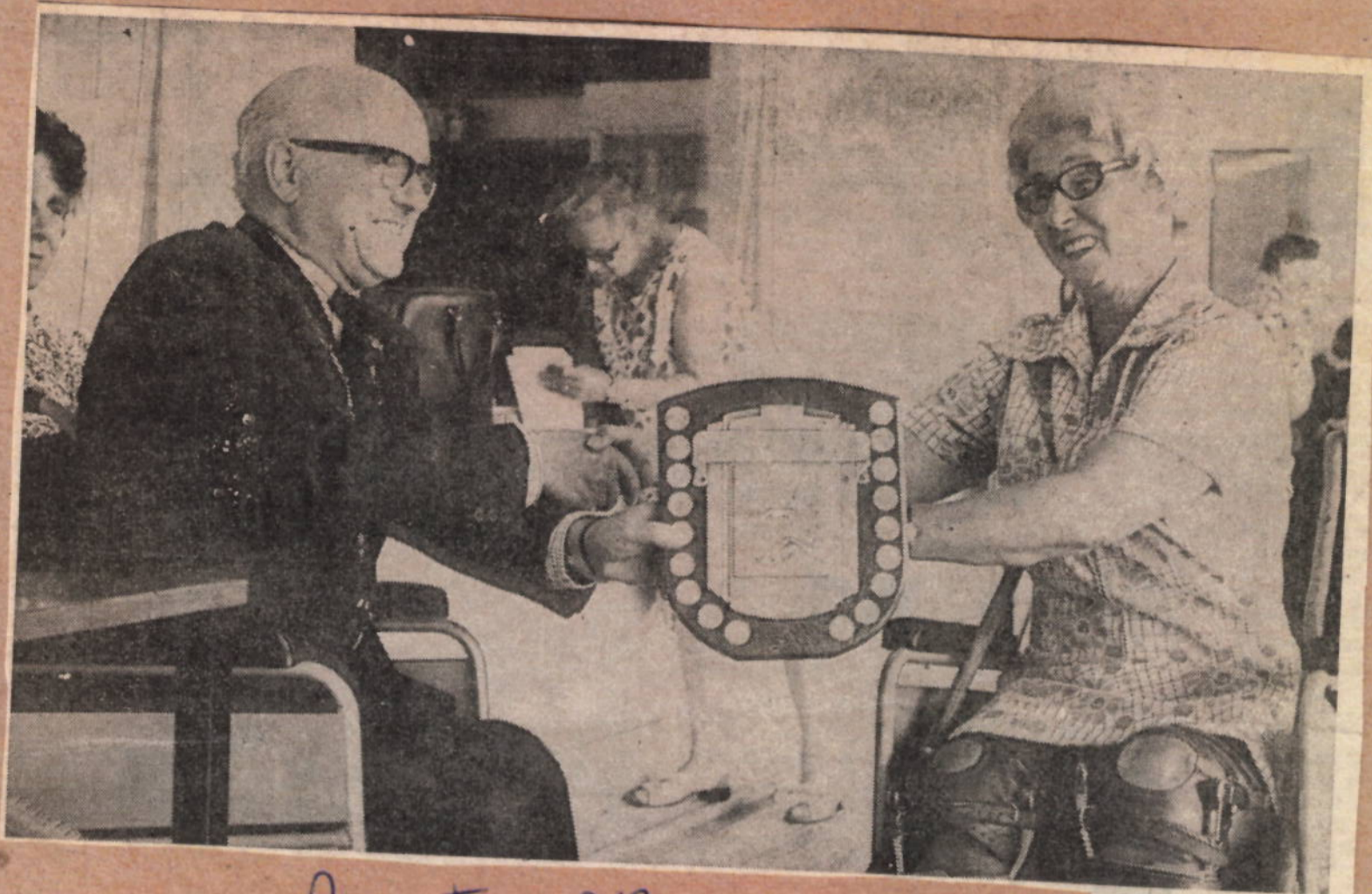
A successful fencer over the past seven years, Parkin devotes a tremendous amount of time with his wife, Heather, in disabled work. He helps to run a disabled club at Dunston Hill, Gateshead, and trains disabled people at Durham Technical College on Sundays.



January 1974

Three bid for glory in other games





August 1973

PROUD moment for Miss M. Clark as she receives the Sheffield Shield on behalf of the North of England team for their success in the British Polio Fellowship's swimming gala at Stoke Mandeville. Handing it to her is national chairman, Mr. Eric Farrow. Miss Clark is secretary of the fellowship's Guisborough branch. The team which won a resounding victory over the seven other regions competing included seven Teesside and district swimmers.

Successful local swimmers were: Janice Johnson, of Premier Road, Fallister Park, Middlesbrough; Peter Whelan, of Gorman Road, Linthorpe, Middlesbrough; Edward Jones, of Whitley Road, Thornaby; Loraine Mahoney, of Jefferson Street, North Ormesby; Terence Bache, of Blanchfield Road, Priestfields, Middlesbrough; Stephen Edwards, Ash Road, Guisborough, and George King, of Seaton Crescent, Saithes. All won their events.

Stoke Mandeville
June 1972





Lorraine Mahoney . . . is already looking ahead to the 1976 Olympics.

	Breast.	Back	F/Style
1	30.2	28.6	24.8
2	31.3	31.6	30.2
3	33.2	31.8	32.0
4	35.0	32.2	32.3
* 5	38.5	34.1	32.4*
6	39.7	34.6	34

February 1974

A story of wonderful courage **THREE EXCITING WEEKS ABROAD FOR LORRAINE**

EILEEN LYNN'S
HOME PAGE

LORRAINE MAHONEY can be forgiven if work does not have its usual appeal at the moment for recently she has had the most exciting three weeks of her life abroad.

She was one of the 50 English competitors to take part in the Commonwealth Paraplegic Games in New Zealand and is now the proud owner of a gold medal which she won for the slalom event.

Lorraine, born in Middlesbrough, became a polio victim when she was three and has been confined to a wheelchair ever since. This was a setback she was determined to overcome, however, and the result is that she is having a wonderful time, leading a very full and interesting life.

Course

At present she is gaining experience about clothing manufacture at Dukes and Markus Ltd, in the West Chirton Trading Estate as part of a four-year course for her Associateship of the Clothing Institute.

It was after coming into contact with the Teesside Disabled Sports Club that Lorraine was first entered for the national paraplegic games at Stoke Manderville, and it was her excellent wins at last year's meeting — two golds and two silvers — that led to her being included in the Commonwealth Games this year.

The party of English competitors flew from London to Winnipeg then on to Los Angeles where they stayed for two days. Despite seven inches of rain falling during 48 hours, they still managed to visit the fabulous Disneyland.

At Dunedin, the party was housed in the halls of residence in a nearby university. Lorraine was entered for three events — 25 metres swimming, the track event and the slalom.

She narrowly missed winning medals, taking fourth place in the swimming and track event but won the gold for the slalom.

This is a hair-raising event over what is basically an obstacle course. The competitors in their wheelchairs have to manoeuvre around obstacles, over ramps and use ropes during the journey and Lorraine finished in one-and-a-half minutes, seven seconds ahead of the next contestant.

As this was her first international competition, Lorraine was well pleased with her results. She admitted, however, that during the long months of training — she spent five nights a week doing swimming practice — there were times when she wondered if it was all worth it — now there can be no doubt that it was.

After the games ended, the English, Welsh and Northern

Ireland teams had four days' holiday in Queenstown in the mountains, and Lorraine said the scenery was breathtaking.

Holiday

The holiday, however, turned out to be just as exhausting as the games, she said, for the time was spent in strenuous sightseeing trips around the beautiful countryside.

Home again, Lorraine still has not settled down after her trip to New Zealand and already is thinking ahead to future events.

When the season starts again in about April, she will be attending paraplegic meetings all over the country on top of continuing training sessions. In June the national paraplegic games are being held at Stoke Manderville as usual and she hopes to be selected for the international

games in July at the same venue.

Looking further ahead, Lorraine is hoping to be picked for the paraplegic team to attend the Olympics

in 1976. This means a lot of practice, especially concentrating on her swimming, but it is the sort of challenge which this remarkable girl enjoys.



Polio Regional Sports
1974.

Middlesbrough - Darlington. May 1973



1976 OLYMPIAD FOR THE PHYSICALLY DISABLED

NEWSLETTER NUMBER ONE

APRIL, 1974

THE GAMES

For 22 years the International Stoke Mandeville Games have been held in England, with paraplegics, polios and other persons disabled from a spinal cord injury competing from a wheelchair.

In 1960 a liason was made at Rome during the regular Olympics and now every fourth year the games are held in the same country as the regular Olympics as a way of emphasizing the right of the physically handicapped individual to equal opportunity for participation in sports and recreational activities.

In 1964 the games were held at Tokyo, Japan; in 1968 at Tel Aviv, Israel, because of the high altitude of the site of the Mexico Olympics; in 1972 at Heidelberg, Germany. In 1976 - Canada.

It is necessary to appreciate that physical disability and sickness are not synonymous, and that wheel chair games at the international level are not a form of rehabilitation therapy. Competitors in these games are highly trained, extremely competitive and rigorously selected through a series of trials at the regional, national and international level.

In recent years, blind, deaf and amputee athletes have also participated in their own sports and recreational events. Hence, under the aegis of the International Sports Organization for the Disabled (I.S.O.D.) and the International Stoke Mandeville Games Committee, the Canadian Wheelchair Sports Association has been asked to hold the first "Olympiad" for wheelchair athletes and others of the physically disabled.

The 1976 games will involve approximately 1,200 competitors from 50 countries. The largest disability group will be those with varying degrees of paralysis, requiring wheelchairs for competition. Amputee and blind athletes will form the other major groups. Coaches, trainers, doctors and officials will swell the total number of individuals involved to approximately 2,500. With the addition of friends, relatives and spectators from other areas, the number of visitors to Toronto could number 15,000.

Numerous sports will be involved, including track and field, swimming, archery, volleyball, basketball, fencing, weightlifting, table tennis, rifle, snooker, lawn bowling and pentathlon. In size, these games are roughly equivalent to the British Commonwealth or the Canada games. In uniqueness, and potential social prestige, they are unequalled.

The games will be held during the first two weeks of August, 1976, immediately following the regular Olympics at Montreal, which run from July 17th to August 1st. The handicapped athletes will begin to arrive on Saturday, July 31st, with the major influx occurring on the Sunday and Monday, August 1st and 2nd. The opening ceremonies will be on Wednesday, August 4th and the closing ceremonies will be on Wednesday, August 11th.

THE SITE

Host city for the 1976 games is Toronto, Canada. The site is Centennial Park in the Borough of Etobicoke. Facilities in the 200-acre park include a stadium, outdoor playing fields with night lighting, a dual-surface arena, tennis courts, picnic areas, a multi-purpose recreation building, plus a gymnastic centre and Olympic-standard pool scheduled for construction.

Living quarters for competitors will be provided by nearby York University. The university consists of four complexes that include four diningrooms plus a main diningroom. The living quarters, accessible for wheelchairs, can accommodate 1,200 persons.

With an area of 48 square miles, Etobicoke is the third largest borough in Metropolitan Toronto, has a population of 300,000. The population of Metro Toronto is 2,725,000. The name Etobicoke is an Indian word meaning "the place where the alders grow."



Sir Ludwig Guttman, who established the famed spinal injuries hospital unit at Stoke Mandeville, near London, in World War Two. Sir Ludwig was knighted in 1966 for his work in the medical treatment of paraplegia and in the development of sports for the disabled.

Organizing Committee of the 1976
Olympics for the Disabled
Room 534, 100 College Street
Toronto, Ontario M5G 1L5



MEMBERS of Teesside Disabled Sports Club enjoy a game of table tennis (above), while other members prefer badminton (below).

Life can still be fun—even in a wheelchair

DES TAYLOR lives in a wheelchair. Yet he has a fuller life than most able-bodied people.

He was always active—a parachutist in the Army, then a steel erector when he left the Forces. Then seven and a half years ago he had an accident, a fall which left him disabled from the waist down.

"My attitude after the accident was I wasn't going to be out-done. I was going to be active," he says.

He had the idea of starting a sports club for disabled people on Teesside. But he needed money to buy equipment.

So he went to see people. The idea caught on, and in October 1968 the Teesside Disabled Sports Club had its inaugural meeting. There were eight disabled people at that meeting, and from these the nucleus of the club was formed.

Healthy

They had no equipment, so they organised a wheelchair marathon from Darlington to Middlesbrough which raised £230. Dances and a sweepstake brought in more money.

Two years later, the club has a healthy membership of 40—with room for anyone else who wants to join in.

At 7 o'clock every Friday night they arrive at the Thornthwaite Community Centre, Middlesbrough, in their invalid cars or the welfare bus, for two and a half hours of table tennis, basketball, volley ball, badminton or pistol shooting.

This winter there should be indoor archery and weightlifting to add to the list, and in the summer there is a sports day with

By SUSAN DURKAN

held events—shotput, javelin, precision javelin, discus, club throwing, snooker, archery, wheelchair races and the slalom dash.

They take their sports beyond Teesside. Last year they took part in a sports day at the nearest sports club for the disabled at Gateshead. And 17-year-old Peter Whelan, their youngest member, carried off a first-class certificate for precision javelin and second-class for swimming in the youth section of the Multi Disabled Games at Stoke Mandeville.

In a rut

For the past two years Mr. Taylor has represented the club at the National Paraplegic Games at Stoke Mandeville, winning a silver medal each time, in the wheelchair slalom last year and pentathlon this year.

Members of the club come from as far as Northallerton, Skelton and Trimdon.

"Disabled people in the area are not interested in the outside world, most of them. They have got themselves into a rut," says Mr. Taylor.

"But once you get them in they never want to be away."





A 20-YEAR-OLD disabled Teesside girl, who has been confined to a wheelchair for 17 years, has won three gold medals in the national paraplegic games.

Miss Lorraine Mahoney, pictured above, of Jefferson Street, North Ormesby, who has been crippled for 17 years by polio, achieved her successes in the annual games at Stoke Mandeville, Buckinghamshire.

A member of the Thorn-tree Disabled Sports Club, Middlesbrough, she won medals in the 25 metres freestyle swimming event, the wheelchair slalom, and the wheelchair sprint.

Said Mr. Des Taylor, a club official: "This year was only Lorraine's second attempt in the national final, and she is a very good all-rounder who will really go places."

June 1972



LOOKING tired as they come towards the end of a 24-hour table tennis marathon are these members of Teesside Disabled Sports Club.

The marathon was held to raise money towards a specially-equipped £1,800 mini-bus, which will enable

£150 wheelchair marathon

the club to bring in more members from further afield, as well as enhancing the scope of activities for members.

The nine full-time and three part-time competitors raised between £150 and

£170 after playing from 8 p.m. Saturday in the Evening Gazette canteen.

Together with the proceeds of the Christmas draw which members are organising, the club will have got about a third of

the way towards its target.

Next item on the fund-raising agenda is a wheelchair marathon. Details have yet to be worked out, but one possibility is a run from Darlington to Teesside.

1972

1971?



Sport Minister opens Stoke Games

"THE INTEGRATION of the disabled into recreational life in the community depends on what every one of us does to help." This was one of the comments made by Mr. Eldon Griffiths, Parliamentary Under-Secretary of State for Sport, when he opened the 25th National Stoke Mandeville Games for the Paralysed, on Monday.

He wished the disabled sportsmen and women seated in wheelchairs every success in the games which are being held this week at Stoke Mandeville Stadium, Aylesbury.

As well as being a silver jubilee event the games this year form part of the Aylesbury and District Festival of Sport and Recreation.

Mr. Griffiths emphasised that this was an important step forward in the integration of the disabled with the able-bodied members of the community.

"Very few of us are really

able-bodied - we all have something that impedes us," he commented.

COUNCILS' PART

He said every local council should make sure that provision was made for the disabled in new buildings and pavilions.

Mr. Griffiths congratulated the competitors, Sir Ludwig Guttman, chairman of the Paraplegic Sports Endowment Fund, and his staff on their work.

Also present at the ceremony was the Mayor of Aylesbury, Ald. Mrs. Zena Williams.

In his speech, Sir Ludwig thanked the authorities and organisations who help with

the financing of the stadium. He made particular mention of Aylesbury Borough Council.

He said that during this week the team to represent Britain in the 21st International games for the paralysed, at Heidelberg in August, will be chosen.

30 CLUBS

Competitors from about 30 clubs and homes for the disabled in England, Northern Ireland, Scotland and Wales, are competing in the games.

Among the various events are swimming, basketball, archery, fencing, weight lifting, table tennis and bowls.





pictures by Robin Laurance

SITTING IN the indoor stadium at Stoke Mandeville watching five South African—three white, two black—perform an amazing wheel-borne dash down the court, bouncing the ball, passing back and forth, turning, shamming, forcing their Egyptian opponents into complete disarray as they shoot a perfect goal, the idea of Sir Ludwig Guttmann's that changed the world for the disabled seems very obvious and very simple.

Before he started work at the National Spinal Injuries Centre for Paraplegics in 1944, eight out of ten victims of paralysis died within three years of being stricken. Now most of them live a normal life span, and it is due largely to Sir Ludwig's assault on the physical, psychological, and social misery which paralysis produces. A refugee from the Nazis, he was a keen practitioner and coach of fencing in Germany before the war as well as a skier and short-distance sprinter, and he saw that sport was an excellent way of keeping the disabled active. It was the death-knell for the policy of keeping the paralysed bed-ridden and bedsores. The idea has spread throughout the world and been extended to many other forms of disability.

Tomorrow the finals take place in the twenty-fourth international Stoke Mandeville games, and the South

Paraplegics paramount

Tomorrow the finals take place in the Stoke Mandeville games.

Christopher Dodd reports

African and Egyptian basketball players are among the teams from 34 countries who are competing this year. The girls' basketball teams are just as vigorous in their approach, the Israelis and Argentinians blocking one another's progress and dashing and crashing wheelchairs at a rate to stadden the heart of a quadriplegic repair man.

And then there is table tennis. A large crowd gathered on the day I was there to see Michael Cunningham of Ireland take on Sung Ho Song of Korea. The display of skill and speed on the standard-size table was incredible. Cunningham lost the game but was cheerful in defeat. "It's my sixth paraplegic games. I do track events as well, and basketball, though we don't have a basketball team this year. There's no-one to play against in Dublin. But I get practice every week in table tennis. . . . No. I haven't been

paralysed all my life. I was injured in a car crash. I've just left school. I hope to get a job when I get back, but it's difficult. . . .

In the field the short metric archery was in progress, one of the sports in which the disabled can compete in absolutely equal terms with the able-bodied. Shot-putters and javelin throwers were limbering up. For the shot some competitors sit side-saddle with an able-bodied anchor man lying beneath the chair with feet, knees, elbows and hands braced against it to hold it steady for the swing. One competitor was reprimanded for enlisting a second assistant, a man who positioned his wheel-chair so that its foot rest jammed onto the shot-putter's foot rest.

On the indoor flat bowling green the Kenyan players were out in force. Each competitor ran down runners from the

concourse to the green, picked up a wood, drew the small front wheels of his chair up to the edge of the mat, locked the wheels and bowled. Some swung their arms to bowl, others seemed to rely on a wrist movement, and the Kenya versus Britain game that I watched was a ding-dong affair, with first one and then the other player enclosing the jack with precision.

Other sports at Stoke Mandeville are snooker, fencing, and swimming. The Olympics of the paralysed take place every year—three years at Stoke Mandeville and the fourth in the country where the able-bodied Olympics take place if suitable facilities can be found. So next year they are in Canada. The only other difference is that events are held in some sports not only for champions but for the moderately skilled and novices, so that as many as possible may take part.

"Winning medals is not all," Sir

Ludwig says. "When people are paralysed they think that they are finished. They feel they can no longer be breadwinners, can't have sex, lose their confidence and dignity. Then they become self-centred, anti-social, they are captivated into disability. All this can be prevented through work and sport. There must be no time in their lives for self-pity."

There is certainly no time for self-pity during these games which have attracted over 600 competitors and 300 officials and escorts. They are like an international gathering of athletes anywhere, and deserve lots of able-bodied spectators to cheer them on. National teams have to pay their own way to enjoy the excellent facilities at Stoke Mandeville stadium, but once they get here they are charged only £2 per head for the week's sport and accommodation. It costs the British Paraplegic Society £8,000 to £9,000 to stage the games, and Sir Ludwig says it needs £250,000 to replace the wooden dormitories with improved accommodation for 300 people.

The policy of the games is that there shall be no political, racial, or religious prejudices, and although there are not many Eastern Europeans here this year there has been a major blow against apartheid when the South Africans sent a multi-racial team. Previously only all-white or all-black teams have attended.

"POPPA"

THE MAN WHO GAVE NEW LIFE TO THOUSANDS

IF Central Casting were asked to provide a brain surgeon in the classic mould they would probably send an actor looking exactly like Sir Ludwig Guttman—only taller.

At Stoke Mandeville Hospital the Professor is known as "Poppa". He is built four-square, has silver hair and moustache, kind eyes, and an accent that tells you, even after 33 years in Britain, that the doctor was born in Germany.

When Hitler's thugs were making life unpleasant the young Ludwig was Medical Director of the Jewish Hospital at Breslau, specialising in neurology and neuro-surgery. In 1939 time was running out, so he packed his bag and his diploma and sought refuge elsewhere. We were lucky enough to get him.

His brilliant research work at Oxford led the British Government to ask him to set up a spinal injuries unit at Stoke Mandeville as part of the medical preparations for the Second Front. The unit was opened in 1944 with a new concept.

The Professor sat behind his desk at the Stoke Mandeville Sports Stadium, puffing at a small cigar, and told me about that idea.

"A paraplegic is a person who has suffered an injury or infection of the spinal cord, causing paralysis below the level of the injury.

"Our idea was that if the patient got proper treatment from the start, complications, that for centuries were considered inevitable, could not only be controlled but avoided altogether.

"Very briefly, the two big dangers are kidney infection and pressure sores. Both can cause sepsis. Both used to cause early death. This is what we sought to overcome and we so controlled those complications that the mortality rate went down by ninety per cent.

"The next thing you must understand is that paraplegics suffer from shock. The physical shock of the injury to the

spinal cord and then traumatic shock.

"The patient doesn't know what has happened to him. He doesn't realise he is powerless. It takes some time. Then, of course, he suffers profound depression: 'What has happened to me? I am finished! I shall never again be the breadwinner for my family. I have lost all my functions.'

"All this produces psychological side effects, and that is when psychological treatment has to begin. It is even more important than medical treatment."

In the bad old days patients lay in bed and rotted. Sir Ludwig believed that they should get up and about as soon as possible after initial treatment, and he placed a great emphasis on sport.

"You see, we have in our nervous systems tremendous potential for adjustment. The whole idea of rehabilitation is to mobilise all the readjustment forces which induce the patient to rehabilitate himself.

"It occurred to me that playing sport might be an excellent means of bringing about the physical, psychological and, indeed, the social rehabilitation of the paralysed.

"Another reason I started sport was to combat boredom in hospital.

"The nursing sisters were quite shocked. It was a revolutionary treatment never heard of before. Nevertheless, it proved highly successful and the nursing staff as well as the patients and physiotherapists took part."

The doctor himself took part to get a patient's eye view of the therapy, trundling around in the then Government issue wheelchair. A clumsy, heavy sort of brown armchair with wheels.

They called the game wheelchair hockey, and played with walking sticks

continued overleaf

At one time, severe spinal injuries meant a slow but inevitable death. But along came a doctor who asked why and came up with an answer that spelled hope.

To the world at large, he is Sir Ludwig Guttman. To the thousands whose lives he saved, he is more affectionately known as "Poppa".

THE ALEX MACINTOSH INTERVIEW



(over)



A fine day for an archery contest at Stoke Mandeville. Archery is the ideal sport for strengthening the arm and trunk muscles—the pulling weight of the bows varies between 36 and 42 pounds.



Wheelchair basketball is hard and fast and exciting. The degree of co-ordination the players can achieve is almost unbelievable.

only family and friends but sports fans; too. In the five days' events in Japan we got over twenty thousand spectators and full coverage in the press and on TV.

"How different from the situation in Britain where both the ITV and BBC think of us, if they think of us at all, as some kind of quaint news item and not as sport at all.

"This is one more reason why the community in Britain has not woken up to the fact of competitive sport for the disabled. Apparently, it takes a long time for it to sink in that we are playing sport and not conducting a garden fete.

"Last year the BBC did more for us but we cannot convince their sports department that they should give results over the air. Nor do newspapers carry the results in their columns.

"It's a strangely casual attitude to men and women who bring respect to their country wherever they play.

"Once, when we enquired of the BBC why we were not getting results broadcast, a spokesman said: 'Cripples in wheelchairs playing sport is in bad taste.' Another in the sports section said: 'It's not really sport at all, is it?'

"Well, I can tell you we shall get terrific coverage in Europe when we hold the Stoke Mandeville Games in Heidelberg this August."

Sir Ludwig is pleased about the Chronically Sick and Disabled Persons Act 1970, which he calls a charter of humanity.

He is always impressed with the compassion of the British, yet puzzled and disappointed by the indifference

shown by some sections of society.

You can tell if he's angry. His glasses gradually slip down the bridge of his nose. The further they slide the more intractable he becomes.

They are well down his nose when he says that he hopes the situation of the disabled will improve with this charter but why do they not have the right of access to public buildings?

"I want to see the breaking down of architectural barriers. A disabled person has the right of access to any public place—post office, library, theatre, restaurant, station or department store. But look around and you will see that they are kept out by steps and stairs.

"How can they get into a telephone kiosk or a lavatory if the door isn't wide enough? And yet these places are still being built without thought for the disabled."

The little big man pushes the glasses back to the bridge of his nose and abandons his cigar, which has long since gone out.

HE is entitled to look tired yet seems to have the energy of a man half his age. He reluctantly accepts that change is slow.

"I will tell you a story. Some years ago an old friend and patient, Baroness Masham, a great fighter in the House of Lords, went with her husband to the building exhibition at Olympia. But the notice over the door said: DOGS AND WHEELCHAIRS NOT ADMITTED, and they were turned away.

"Only a short while ago another old friend, who was terribly injured in the last war fighting for his country, came to see me for a check-up.

"In spite of his injuries he has made a tremendous adjustment and become an architect. He lives a most useful life. He, too, wished to visit the Building Exhibition.

"I told him about our Sue Masham and jokingly warned him that he might not get in. We laughed because, after all, times have changed. 'Good luck, Cliff,' I said.

"Two days later he wrote and said he had been refused admission. And this happened in a country that leads the world in the treatment and rehabilitation of paraplegics.

"I tell you it is a public scandal!"

Sir Ludwig has learned to be patient, which is never easy for a sanguine man, but when he speaks with such enthusiasm for the disabled I wonder he doesn't grab officialdom by its lapels.

The glasses are down to the tip of his nose again.

"The authorities *must* get used to the idea that the disabled are going to *insist* on their rights. They are taxpayers!

"Their numbers are growing. Each year there are more industrial injuries, more traffic accidents, and, ironically, more injuries through sport. And because patients are kept alive and well through modern treatment they are with us as part of the community.

"You will see many more people in wheelchairs in future. When this happens, remember that they are just as good as you. The only difference is that you have legs and they have wheels." ■

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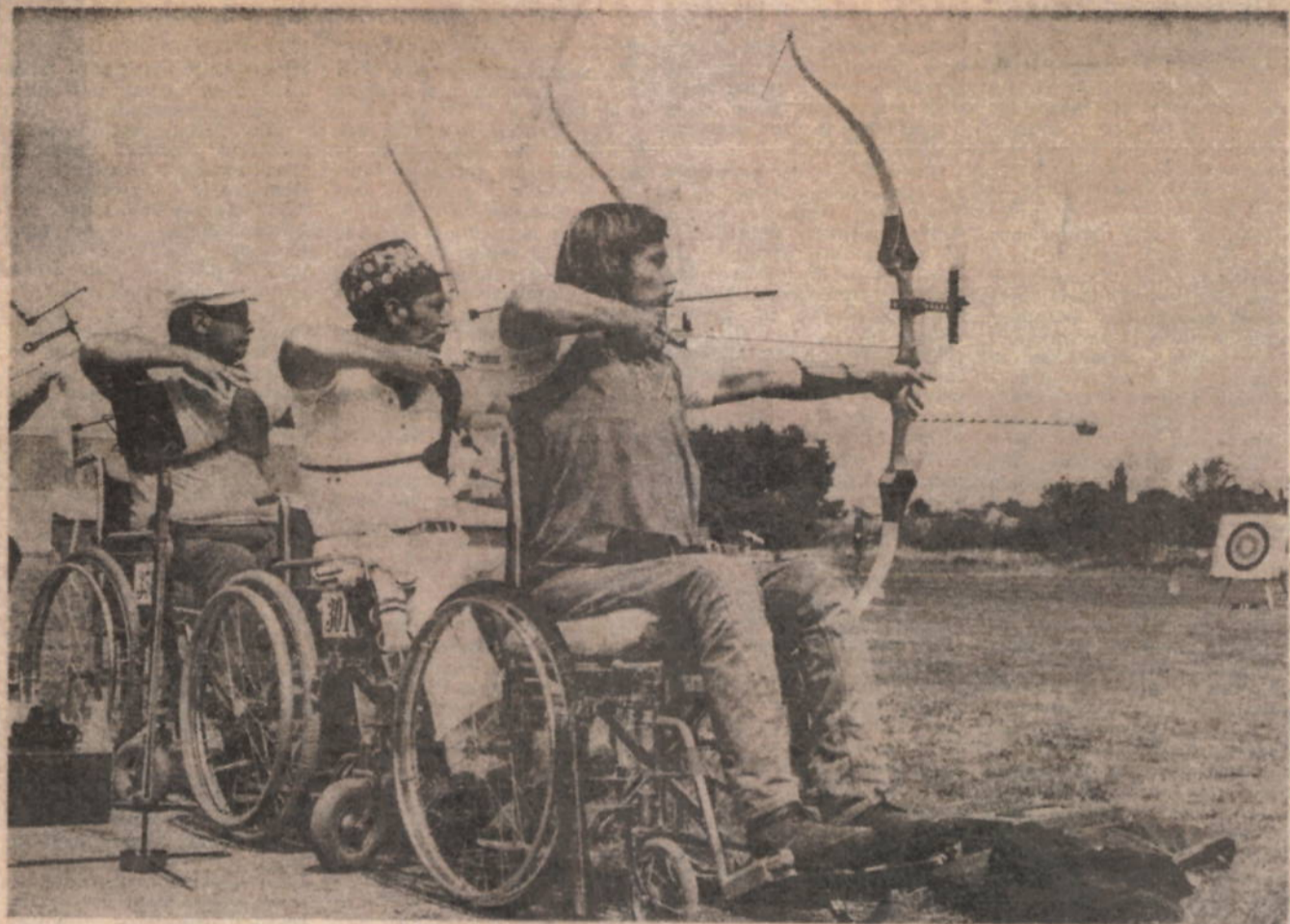
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JANE BOWN

Strong shoulder muscles take the strain as these bowmen compete in the archery championships of the international paraplegic games at the Stoke Mandeville Hospital sports stadium yesterday.

The Observer, 27-7-75



The Bucks Herald

24-7-75

Effort and concentration show on the face of this javelin competitor in the International Stoke Mandeville Games being held at Stoke Mandeville Sports Stadium this week.



IN 1948 sixteen people, two of them women, met at Stoke Mandeville Hospital to take part in the first games events to be held there for paraplegics.



*The
Bucks
Herald*

24-7-75

And on Sunday, over a quarter of a century later, the games — now known as the Paraplegic Olympics — welcomed its largest ever number of participants from 34 countries including a history making multi-racial team from South Africa, to take part in a full week of events.

A loud cheer went up in the stadium as the founder of the games, Sir Ludwig Guttman expressed a special welcome to the South Africans.

Having personally negotiated the participation of the team with South Africa's Minister of Sport in Capetown, Sir Ludwig described their arrival as "a breakthrough."

They could feel happy and proud, he said, that the movement for the paralysed had been the first to achieve this.

The participation of the team in an international sporting event was a great step forward in the apartheid problem of sport.

taking part in the games and many of the 300 escorts and officials who had accompanied them.

Before the arrival of the official guests, those waiting in the stadium had been entertained with songs sung by a team from Israel.

And they were told by Sir Ludwig that not only did they have more competitors than ever before, including the South African team, but they were also welcoming for the first time a team from Mexico who, in previous years, had only sent observers to the games.

"At a time when so many countries have great economic and financial difficulties, it is most encouraging that so many have still found the money to send teams from all over the world to take part and to provide the greatest number of competitors that we have ever had," said Sir Ludwig, who received a presentation from representatives of the Italian team.

GUESTS

Among those present to hear Sir Ludwig were the chairman of Aylesbury Vale District Council, Cllr. A. E. Mogford and the Mayor of Aylesbury, Cllr. Mrs. D. Winfield together with over 650 men and women who are

**34 NATIONS AT
STOKE GAMES**



The presentation, made on behalf of the Italian Minister of Sport and the Italian Government was in appreciation of the work he had done over the years.

Looking around the stadium, Sir Ludwig said

he could not help but ask himself why so many people were present.

He did not believe it was only to win medals but more because of a sense of love and friendship between people who, despite political, racial and religious differences were united into a true brotherhood of man and into a movement for peace.

He expressed thanks to all who had helped in any way with the organisation of the games including

the people of Aylesbury who, he said, "have taken the games to their hearts."

The games were officially opened by Mrs. Mary Glen Haig, an Olympic medal holder and chairman of the Central Council for Physical Education and chairman of the Special Development Committee of the Sports Council.

Knowing the enjoyment to be gained from sport, she said she welcomed the development of oppor-

tunity for those present to take part in the games as a result of the work of Sir Ludwig whose example had been an inspiration to many.

In what was International Women's Year there were more women taking part in the games than ever before including, for the first time, a women's basket ball team. "The range and variety of activities are on the increase and I hope more will accept the challenge of participation," said Mrs. Haig.

She said it was vitally important that, in the future, the knowledge of what had been achieved did not make them complacent. "Rather it must spur us on to accept the new challenge," she said.

Newsletter 3, March 1975

Organizing Committee
100 College Street, Room 534
Toronto Canada M5G 1L5
Telephone: 416/928-3280

Patron
The Right Hon. Pierre Elliott Trudeau
Prime Minister of Canada



1976
Olympiad
For The Physically
Disabled August 3-11, 1976

THE 1976 OLYMPIAD — AN EXCITING SPECTACLE!



Eugene Reimer of Vancouver was chosen as Canada's Top Male Athlete of the Year in 1972. Karen Magnussen was the Top Female.

Just over 12 months from now, in August 1976, 1,700 athletes from some 50 countries will assemble at Metro Toronto for a unique set of international games — the 1976 Olympiad for the Physically Disabled.

The games are unique because all competitors will be handicapped persons — 1,100 paraplegics (wheelchair), 300 amputees, 300 blind.

Housing for the teams will be at York University and the University of Toronto. Site of the games is 260-acre Centennial Park in the Borough of Etobicoke, Metropolitan Toronto. Facilities at the park will be the best provided to date anywhere in the world for the Olympics for the handicapped.

An outdoor stadium encloses a paved, eight-lane, quarter-mile track. An indoor arena, used in the winter season for ice hockey and large enough to accommodate two regulation ice surfaces, will accommodate some indoor events. A two-storey ski chalet will provide



The blind, who run individually against the clock and are guided by the voice of the coach, achieve exceptional records.

administrative office space and lounge facilities for the Olympiad. A new sports complex includes two Olympic-standard swimming pools (50 and 25 meters) and a gymnasium with space sufficient to provide two basketball courts and a mezzanine gymnastic gallery.

The Organizing Committee's main source of revenue is matching grants of \$500,000 each from the government of Canada, the government of the Province of Ontario, and the government of Metropolitan Toronto.

Additional funds are being raised from private sources and the expectation is that the values of these games for the handicapped will be so self-evident that individuals, institutions, corporations and foundations will be generous supporters.

Events at Toronto will include basketball, track and field, swimming, weightlifting, fencing, table tennis, lawn bowling, archery. All athletes are classified by degree of disability,



Wheelchair basketball, played with only minor changes from the regular rules, is a fast, demanding, high-scoring game.

and compete in their class. The wheelchair, blind and amputee events will be separate divisions.

Sport as rehabilitation therapy was originated by Sir Ludwig Guttmann, who established the famed spinal injuries hospital unit at Stoke Mandeville, England, in World War II. In 1944, with paralyzed patients arriving from the battlefields, Sir Ludwig started a new concept of treatment and rehabilitation.

"This concept", Sir Ludwig says, "in due course became recognized as the standard method of dealing with this complex problem, which for thousands of years was considered as one of the most depressing and neglected in medicine. It was these early patients who proved the importance of regular work and sport, which was introduced as an essential part of their physical and psychological rehabilitation in restoring self confidence, activity of mind, competitive spirit, and comradeship."

The

Newsletter 4, June 1975

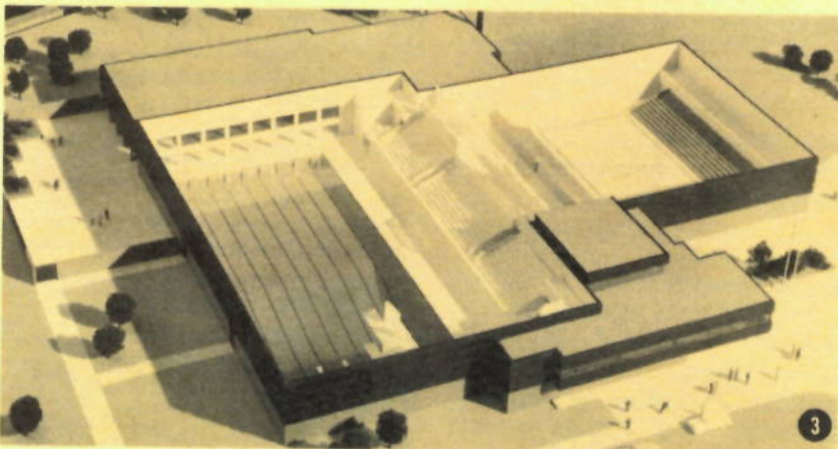
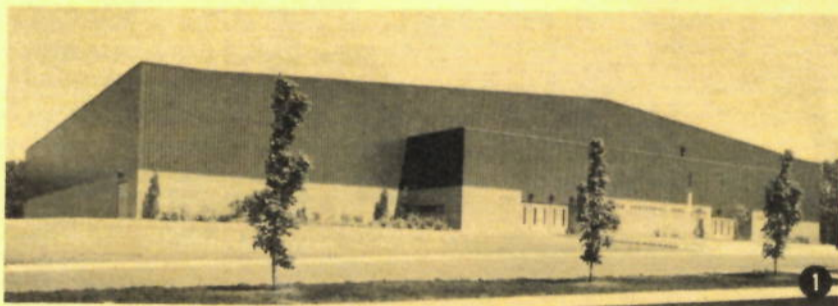
Organizing Committee
100 College Street, Room 534
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Patron
The Right Hon. Pierre Elliott Trudeau
Prime Minister of Canada



1976
Olympiad
For The Physically
Disabled August 3-11, 1976

THE GAMES' SITE: 260-ACRE CENTENNIAL PARK, BOROUGH OF ETOBICOKE, TORONTO, CANADA



1. The indoor arena (events such as fencing, table tennis, weightlifting) seats 1,500 spectators.
 2. The outdoor stadium has a paved, eight-lane quarter-mile track. Field events will be in the infield. Seating can be expanded to accommodate 10,000 spectators.
 3. This cut-away model of the new sports complex shows the 50-meter pool (seating for 1,500), the gymnasium (120 feet by 105 feet, two basketball courts, seating for 2,500); the complex also includes a gymnastic gallery and rifle range, elevator.
 4. The ski chalet will be headquarters for the Games' officials.
 5. Part of the Park's garden area.
 6. The exterior of the new sports complex. Other buildings will be used for mid-day dining, first aid and rest areas.
- (Photos of sports complex courtesy Lee, Elken & Beksted.)

'Golden' trio back from the Games

MIKE SAYS 'THANKS' FOR SIX MEDALS

FORMER Stocksbridge employee Michael Kelly last week sent a big "thank you" through Steel News to all his friends at the works. For they helped make his trip to the Paraplegic Commonwealth Games in New Zealand possible.

And he has returned with two gold medals — for fencing and basketball — two silver and two bronze.

Michael was elected last year to represent Britain at the games, but the honour also meant a king-sized headache for the former hammer driver...

He couldn't afford the fare. His plight was spotlighted by Steel News and his friends and social service sections organised money-raising events.

It resulted in Mike making the trip of a lifetime and returning victoriously with his first gold medals.

He said at his home in Oxley Close, Stocksbridge: "I would like to thank all the people at the works who helped make the trip possible."

"I had a marvellous time, and I was so pleased that I was able to bring back the



MIKE KELLY

gold medals which made everything so worthwhile."

The medals weren't the only gold that Mike brought back from New Zealand. After the games he went panning for gold in Queenstown, and after eight hours came up with a nugget — current market value £8!



LORRAINE BRINGS BACK GOLD FROM THE GAMES

WHILE SOME of the world's top athletes are battling for honours in the Commonwealth Games, a young Teesside girl is back home after winning her own sporting fight.

Evening Gazette Feb. 1974

Bronze medals elude slalom champ

THE Paraplegic Games also provided good hunting ground for 20-year-old Lorraine Mahoney, a member of Teesside Disabled Sports Club.

The daughter of Tom Mahoney, a plater at BSC's Teesside Engineering Works, Lorraine captured a gold medal in the wheelchair slalom race — and narrowly missed bronze medals in the wheelchair dash and two swimming events.

Back home after a trip which also included a four-day holiday, a visit to the Commonwealth Games in Christchurch, and a stop-over at Los Angeles, Lorraine commented: "It was a marvellous feeling winning a gold medal, but I was a little disappointed I didn't do better in the swimming, which was what I really wanted."



Lorraine Mahoney

Slalom

And she rewarded the selectors confidence by taking the gold in the wheelchair slalom race and narrowly missing bronze medals in the wheelchair dash and in two swimming events.

Back home after a trip which also included a four-day holiday, a visit to the current Commonwealth Games and a stop-over at Los Angeles, Lorraine commented: "It was a marvellous feeling winning the gold medal, but I was a little disappointed I didn't do better in the swimming which was what I really wanted."

Lorraine has been competing seriously for just over a year and is now aiming for a place in the British team for the Paraplegic Olympics which are due to be held in Canada in two years time.

But for 20-year-old Lorraine Mahoney, pictured above, it was more than just a fight to attain peak fitness to take on the best athletes in the Commonwealth, it was also a battle against a disability which confines her to a wheelchair.

And Lorraine, of 3, Jefferson Street, North Ormesby, won her battle in style and brought home a gold medal—she is showing it above—from the fourth Commonwealth Paraplegic Games held at Dunedin, New Zealand.

Lorraine, a member of the Teesside Disabled Sports Club, only just got into the English team for the Games, which were held just before the start of the Commonwealth Games proper.

For she failed to qualify in the original eliminating contest when it was held last June, but was selected after some of the disabled athletes had been given a second chance to qualify in September.



Disabled plan marathon game for mini-bus

A GROUP of table tennis players from the Teesside Disabled Sports Club will soon be ping-ponging for all they are worth to pay off a loan on their new mini-bus.

The bus cost £1,300, and, so far, club members have raised £700. The balance was borrowed from a finance company but, if the members have their way, the club will not be in debt long.

They are planning a marathon table tennis game in the Evening Gazette canteen on October 6 and 7, and are on the look-out for sponsors or donations.

Said club secretary Mr. Des Taylor: "Anyone who is prepared to help can contact me at my home, 22, Longbank Road, Ormesby, or get in

touch with the club itself at the Thorntree Community Centre, Birkhall Road, Middlesbrough.

"All the players will be in wheelchairs, and we would like people to sponsor them by the hour."

The mini-bus will be used to take members from their homes to the club and to events at other area centres.

It will be fitted with a collapsible ramp and a full-size roof rack to carry the wheelchairs.

Seen above with the new mini-bus are Mr. Taylor (seated) and Mr. Boyd Cassidy, a committee member.

GLORY FOR THREE IN OTHER GAMES

FOUR gold medals, two silver and two bronze, is the proud collection of three North-East representatives in the Commonwealth Paraplegic Games in New Zealand, writes Ray Robertson.

Now back home, after "a fantastic experience" are Ron Parkin (Dalton), Janet Swan (Burnopfield) and Lorraine Mahoney (North Ormesby, Middlesbrough).

Parkin, a veteran of Olympic and Commonwealth Games, apart from numerous internationals, had the wonderful record of being among the medals in his four events.

At fencing he collected gold medals for the team sabre and team foil, with a silver in the individual foil and a bronze for the individual sabre.

"Very tiring, but very rewarding and enjoyable," he said.

Swan, a copy typist with Durham County Council won a gold medal for the table tennis singles, a silver for the table tennis doubles, and a bronze for individual fencing.

Her verdict: "A marvellous time. The friendliness of everyone was outstanding."

Mahoney, who is training to be a fashion designer at North Shields, gained a gold medal in the wheelchair slalom and finished fourth in three other events, including swimming.

"I was delighted to pick up a gold but I would have liked to be placed in the swimming. The standard was high. In the swimming the Commonwealth record was broken in two events," she said.

All three voted the Games an outstanding hit. Apart from the friendliness and hospitality, the public response was encouraging. "The best Games as far as the public was concerned," said Parkin. "At some events people had to be turned away."

Northern Echo, February 1974

Evening Gazette 27th Sept. 1973



Lorraine Mahoney in the clothing factory where she works at North Shields.

Dreaming of gold Lorraine swims for England

By Journal Reporter

POLIO victim Lorraine Mahoney dreams of gold as she designs the latest fashion gear.

In just three months' time she flies to New Zealand for the Commonwealth Paraplegic Games and student

Lorraine is in strict training with her eye on a gold medal.

Lorraine, aged 20, of Rokeby Terrace, Heaton, Newcastle, has collected a stack of medals and awards since taking up competitive swimming 18 months ago.

For five evenings a week she trains with her coach at the local baths.

Middlesbrough-born Lorraine has spent most of her life in a wheelchair.

But she learned to swim when she was six-years-old and kept up regular lessons.

Now Lorraine is training to be a fashion designer. She is working with a North Shields clothing firm to pick up experience before she qualifies.

At the Games Lorraine will race in two swimming events—and she is going for gold in two other contests.

The Journal (Newcastle)
5th October 1973

Lorraine is entered for the 60-yard chair-dash and a slalom-style obstacle race.

Lorraine said: "People will come from all over the Commonwealth and everyone who takes part is in a wheelchair. There are about 50 people in the English team and we will be away for three weeks. It is going to be a great thrill for us."

Paraplegic Award For City

Dunedin Honoured

Dunedin City is to be presented with the International Stoke Mandeville Games Federation banner, the highest honour the organisation can bestow, for its "great work" associated with the Fourth Commonwealth Paraplegic Games. The founder of the Games and director of the Stoke Mandeville establishment, Sir Ludwig Guttman, announced yesterday.

He said he intended to present the banner to the Mayor of Dunedin, Mr J. G. Barnes, in recognition of the fine job done by the city as host of the Games.

Sir Ludwig also had words of praise for the "superb performances" of the Band of the New Zealand Army.

"I have seen many military bands in the world, but New Zealand's is the best," he said.

PRAISE

Dunedin hospitality and the Games' organisation also drew praise yesterday from Kenya's director of sport, Mr S. M. Oisebe, and his team's escort, Mr Z. N. Nyarango.

Mr Oisebe said he had been most impressed with the way in which visitors to Dunedin had been taken around to see the city and with the facilities provided for the Commonwealth Games.

"The organisers have done a first-rate task and the news media has been most co-operative in the way they have informed the public of what is going on and what has happened.

"For us as Kenyans this has been a great experience. Some of the events were completely new to us when we came to Dunedin. We had not seen darts before nor had we seen slalom events. Lawn bowls was something our competitors had not had any experience of, because in our country it is played only by an exclusive few."

For this reason, both Kenyans were highly delighted with the performance of two players from their team winning the men's pairs bronze medal.

"Our men had not played bowls before," Mr Oisebe said, "and we are grateful for the coaching they re-

ceived from bowlers here."

Mr Oisebe said that while members of the Kenyan team had not enjoyed great success, they hoped to do better in the future. As director of sport in Kenya, he also hoped to be able to provide better facilities for paraplegic sportsmen in his country than existed at present.

"We are short of wheelchairs, for one thing, and we need other facilities such as darts and archery equipment and bowls. We appeal for help in these respects," he said.

Mr Oisebe and all members of the Kenyan Paraplegic Games team go on to Christchurch where they will attend the Tenth Commonwealth Games.

"We all travelled out to New Zealand together with the able-bodied competitors and are returning with them."

He said he believed Kenya could do well in athletics at Christchurch, but so far as what had befallen the paraplegic team in Dunedin, the most important thing was that they had been in competition.

The Otago Daily Times, Sat., Jan. 19, 1974.—Page 11.



THE WINNER of two gold medals in Paraplegic Games swimming events at Moana pool yesterday, Joy Douglas (New Zealand) signs autographs for James Fulton (13) and Stuart Bates (11), both of the Green Island Scout troupe.

Paraplegic Games Results

Abbreviations used in Paraplegic Games results are: Aus (Australia), Eng (England), FI (Fiji), HK (Hong Kong), IND (India), JAM (Jamaica), NZ (New Zealand), NI (Northern Ireland), S (Scotland), W (Wales).

TABLE TENNIS

Women's Singles (class 2).—Quarter-finals: G. Matthews (Eng) beat B. Worley (Aus) 19-21, 21-19, 21-15; M. Jones (Scot) beat J. Douglas (NZ) 21-6, 21-3; D. Jackson (Eng) beat Y. Probe (NZ) 21-10, 21-19; E. Schreiber (Aus) beat A. Doherty (NI) 21-9, 14-21, 21-11. Semi-finals: Matthews beat Jones 21-13, 21-15; Schreiber beat Jackson 21-8, 21-12. Final: Schreiber beat Matthews 21-15, 21-15. Play-off for third: Jones beat Jackson.

Women's Singles (class 1B).—Round one: F. Lewers (NI) beat J. Compton (NZ) 21-11, 21-16. Final: J. Blackburn (Eng) beat Lewers 21-13, 21-12.

Men's Singles (class 2).—Round one: K. Moran (Aus) beat P. Read (Mosgiel) 21-18, 21-9; K. McCormick (NZ) beat D. Cale (Eng) 15-21, 21-13, 22-20; S. Bradshaw (Eng) beat R. McMillan (Aus) 21-3, 21-3. Quarter-finals: T. Taylor (Eng) beat P. Reid (Jam) 21-11, 21-15; Moran beat McCormick 21-11, 21-12; Bradshaw beat R. Hynds (NZ) 21-6, 21-9; J. Munkley (W) beat C. McManus (Aus) 21-11, 21-5. Semi-finals: Bradshaw beat Munkley 21-14, 21-7; Taylor beat Moran 21-11, 18-21, 21-11. Final: Taylor beat Bradshaw 21-14, 21-16. Play-off for third: Moran beat Munkley 21-12, 21-7.

Men's Singles (class 1B).—Round one: D. Williams (Scot) beat D. Moore (NZ) 21-2, 21-6; W. Sze (HK) beat L. Close (NZ) 21-15, 21-16; W. Barrett (Aus) beat W. Jenkins (W) 21-11, 21-5. Quarter-finals: Y. L. Lam (HK) beat D. Ellis (Eng) 21-3, 21-19; Sze beat Barrett 21-13, 21-17; P. Lewis (Eng) beat D. Miller (NZ) 21-13, 21-19; Williams beat M. Ireland (Aus) 21-6, 21-12. Semi-finals: Williams beat Lam 14-21, 21-12, 21-10; Lewis beat Sze 21-15, 21-10.

Men's Singles (Class 1A, by invitation).—Round one: P. Marsh (Aus) beat R. Porter (Dunedin) 21-3, 21-12. Semi-finals: Marsh beat T. Cullen (Middlemore) 21-5, 21-3; J. Jamison (NI) beat C. Rickard (Aus) 21-13, 21-14. Final: Jamison beat Marsh 21-17, 21-13. Play-off for third: Rickard beat Cullen 21-4, 21-7.

Men's Singles (Class 3).—Round one: J. Smith (Scot) beat T. Toi (HK) 21-16, 21-16; L. McLeod (Jam) beat K. Cheok (Mal) w/o; G. Swindlehurst (Eng) beat J. Sheil (Aus) 21-7, 21-5; G. Johnson (Scot) beat J. Savage (NZ) 21-19, 21-16; J. Robertson (Scot) beat W. Mather-Brown (Aus) 21-12, 21-18; P. K. Chan (HK) beat R. Reid (NZ) 21-7, 21-14; Wong (HK) beat A. Patterson (Aus) 21-17, 21-13. Quarter-finals: Smith beat McLeod 21-13, 22-20; Swindlehurst beat Johnson 21-17, 21-14; Chan beat Robertson 21-12,

21-17; E. Fisher (Eng) beat Wong 21-14, 21-14.

Men's Singles (Class 4).—Round one: J. Gronow (W) beat I. Rosovak (FI) 21-8, 21-6; J. Martin (Aus) beat N. Young (NI) 22-20, 15-21, 21-13; J. Ayscough (Eng) beat B. Tocker (NZ) 21-6, 21-3; K. Coombs (Aus) beat R. Rose (W) 21-14, 21-12. Quarter-finals: P. McCranor (Eng) beat Gronow 21-10, 21-5; Martin beat Ngata 21-10, 21-14; Ayscough beat K. Bowden (Aus) 21-6, 21-6.

Men's Singles (Class 5).—Semi-finals: A. Bryan (Jam) beat D. Bonner (Scot) 21-12, 21-18; G. Smout (W) beat F. Pointer (Aus) 21-5, 21-10. Play-off for third: Bonner beat Pointer 21-9, 21-13.

DARTCHERY

Mixed Pairs.—Semi-finals: England beat Australia, New Zealand beat Northern Ireland.

WOMEN'S SLALOM

Class 1B.—T. Freeman (Aus) 1m 37.4s, 1; F. Lewers (NI), 1m 34.4s, 2; J. Blackburn (Eng), 1m 37.4s, 3.

Class 2.—L. Mahoney (Eng), 1m 31.9s, 1; K. M. So (HK), 1m 38.4s, 2 (all other competitors were disqualified for not following the course).

Class 3.—N. McPherson (Jam), 1m 21.4s, 1; V. Robertson (Scot), 1m 22.8s, 2; B. Howie (Scot), 1m 24s, 3.

Class 4.—J. Orpwood (Eng), 1m 24s, 1; D. Smith (Eng), 1m 28.4s, 2; L. Lenhard (Aus), 1m 44.9s, 3.

FENCING

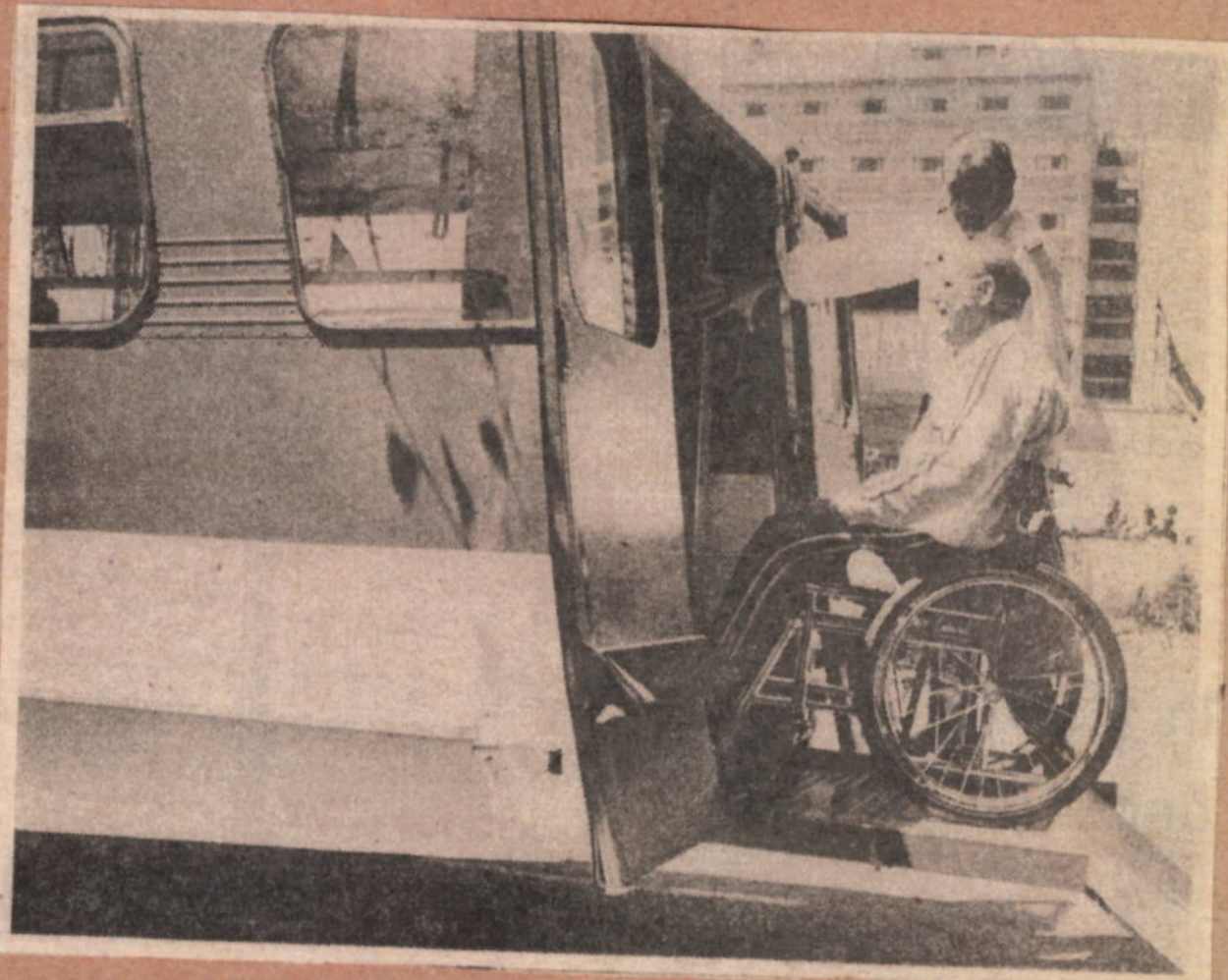
Men's Novice Foil.—Gold, G. Kinsella (Eng); silver, J. Robertson (Scot).

Women's Individual Foil.—Gold, C. Bryant (Eng); silver, S. Haynes (Eng); bronze, J. Swan (Eng).

Men's Team Foil.—Gold, England (D. Cathcart, R. Parkin, J. Slattery); silver, Scotland (J. Clark, J. Robertson, M. Elliott).

Men's Individual Foil.—Gold, J. Clark (Scot); silver, R. Parkin (Eng); bronze, D. Cathcart (Eng).

Epee Individual Pools.—Gold, C. Thomas (Eng); silver, T. Willett (Eng); bronze, J. Clark (Scot).



PLAYING a vital support role in the transportation of competitors at the Commonwealth Paraplegic Games in Dunedin at present, the St John wheelchair ambulance (below) yesterday took players to the snooker competitions held in the RSA rooms. The ambulance is used to take small numbers of competitors around the city—it has a capacity of six—and is on call all day. It is used in many cases where it would be impracticable to use a large bus (right) and at other times the extras who cannot be accommodated in a large party. The St John Ambulance Association has given the services of its vehicle and drivers at no charge to the Games organisers. **BELOW:** Ambulance officer John Frewen, assists Sam Scott (Invercargill) into the wheelchair transporter. **RIGHT:** Paraplegic athletes are transported via special bus from the Moana pool to their accommodation at University College.



Mayor Defends Status Of Paraplegic Games

The 4th Commonwealth Paraplegic Games are not overshadowed by the Commonwealth Games, due to start in Christchurch next week, but are more important—in the opinion of the Mayor of Dunedin Mr J. G. Barnes.

He expressed this view when addressing about 300 people at a civic reception held in the Concert Chamber for competitors.

He maintained that the atmosphere created by the present Games in Dunedin, should prove an incentive for people to travel to Christchurch to see the Commonwealth Games.

The Paraplegic Games were complementary to the larger Games, Mr Barnes said, but they were definitely not overshadowed by them.

"These Games have the physical side complemented by the medical side which will lead to so much good for paraplegics of the future," he said.

Medical people from all over the world were in Dunedin to study what paraplegic sportsmen and women could achieve and the knowledge they gained would be of great benefit.

The "fierceness of competition and the furious dedication" of competitors had been most impressive, but without this attitude success was not possible, Mr Barnes said.

The Jamaican representative, Mr S. Henriques, agreed

with the Mayor's contention that the Paraplegic Games were the more important.

He said he had been asked to speak on behalf of the competitors, all of whom wished to thank Dunedin for its overwhelming hospitality.

"I can't say the welcome was warm because the weather certainly is not," he said, "but the hospitality has been outstanding."

"Those of us here who have been to other Games agree that Sunday's opening ceremony was the finest we have ever seen," Mr Henriques said.

"Everything has been excellent—the meals, accommodation and transport."

The chairman of the Games organising executive, Mr A. Fraser Grant, presented the city with replicas of Games medals mounted in a display case.

He explained that the gift was in appreciation for the support the City Council had given the Games from the time they had been allocated to Dunedin.

Personal gifts were made to Mr Barnes by Mr Henriques and the Welsh and Scottish teams.

From Jamaica, he received a handcrafted tray made in a paraplegic workshop and from a Welsh workshop he received a wooden carving of the Games symbol combined with the Welsh national symbol of a leek.

The Scottish team presented him with a crystal goblet.

INTEREST MOUNTS

Earlier in the day, Mr Grant said that there had been a further marked increase in interest in the Paraplegic Games with a large number of telephone calls being made to the organising office.

Many of these calls concerned venues for events, but he appealed to the public to study the programmes that were printed in the newspapers each day.

Everything had gone off smoothly since the opening of the Games on Sunday.

with everybody co-operating, Mr Grant said.

The City Corporation has agreed to install extra lighting in the area near the University Union, which is the social centre for competitors.

Competitors could cross the road in relative safety at night in groups, Mr Grant said, but there was a danger when a person in a wheelchair crossed by himself.

A medical seminar will be held on Friday night to discuss aspects of the week's competition.



MICHAEL SHELTON, of England, a Paralympic snooker champion, concentrates on some serious practice this morning in preparation for competition this afternoon in the Commonwealth Paraplegic Games.

Medals Table

The Australian team of 50 seems to have an unbeatable lead in the tally of gold medals after six days of the Commonwealth Paraplegic Games.

With only one day of finals remaining, England, nine behind Australia, does not look like bridging the gap. New Zealand is in third place with 27 gold medals, 19 silver and 23 bronze.

	G	S	B
Australia	45	32	26
England	36	30	22
New Zealand	27	19	23
Jamaica	17	13	9
Scotland	10	18	18
Northern Ireland	1	5	4
Wales	1	1	3
Hong Kong	—	4	4
Kenya	—	2	1
Malaysia	—	2	1
Singapore	—	—	1

Paraplegic Swimmers Thrill Crowds As Records Tumble

Paraplegic swimmers went on a record-breaking spree in Moana Pool throughout the day yesterday and brilliant scoring was seen from archers competing in the darchery finals shot over a 15 metres range in the play area outside the pool.

These were the main features of the sixth day of the fourth British Commonwealth Paraplegic Games in Dunedin yesterday on a day which began hot and humid and ended in almost torrential rain setting in by mid-afternoon.

So many Commonwealth records accompanied by a world record or two were bettered that it was almost impossible to keep tally. Only in the odd few events were the existing records not threatened at the swimming.

Seating accommodation at the pool was taxed to its capacity, while many spectators watched the racing from the play area.

The darchery finals—there were three of them—produced some brilliant scoring from English and Australian competitors. In the end England had won the gold medals for the mixed pairs and women's pairs and Australia those for the men's pairs.

The men's and women's pentathlons were also completed with the swimming events held in the pool.

The other events held on the sixth day were at night. The snooker semi-finals were played in the Dunedin RSA billiard room, while post-section play in the men's basketball began. Once again these matches attracted large attendances at the Caledonian Gymnasium and the School of Physical Education Gymnasium.

The only events to be completed today are the men's singles and pairs bowling finals; some table tennis finals; an archery competition; the snooker final, two weightlifting finals; and the play-offs for first, second, third and fourth placings in men's basketball.

The first of the men's swimming events saw a gold medal for New Zealand, with Graeme Condon coming home in the men's 3x25 metres individual medley in 1m 29.3s, ahead of England's W. Thornton and Australia's R. Jordan.

RECORD FALLS

Graeme Condon, in winning his second gold medal for New Zealand set a new Games mark in the men's 50 metres freestyle back class three event with a time of 55.1s. The previous record was set in Edinburgh by England's W. Thornton with a time of 58.4s.

Thornton was only able to retain a silver medal in this

competition with a time of 57.9s, also inside his old record. The bronze medallist, R. Jordan (Australia) was narrowly outside the previous mark with 58.7s.

New Zealand's Joy Douglas took over 10 seconds off the Commonwealth Games record for the women's freestyle front class two event, returning a time of 25.5s to take the gold medal. The previous games mark was 36.1s, held by Scotland's M. Jones.

In second place was Australia's P. Foley in 27.3s with Jamaica's D. Mullings third in 29.7s, to put all the medal winners inside the old Games mark.

Joy Douglas gained another gold medal for New Zealand and set another Commonwealth Games record, when she won the women's 25 metres freestyle back class two race in 33.9s. The old record was held by the defending champion M. Jones (Scotland) in 39.9s — she was only able to manage the bronze in this event with a time of 36.7s. The silver medal was taken by Jamaica's D. Mullings in 35.9s.

All competition will be over before tea. After comes the grand finale to the Fourth British Commonwealth Paraplegic Games—the closing ceremony at the University Union.

Competitors begin to assemble in the area after 7 p.m. and it is expected all will be ready to take part in the closing of a festival of sport in Dunedin which has proved tremendously successful and popular.

SWIMMING

In a record-breaking spree at Moana Pool yesterday, Commonwealth Paraplegic swimmers set one world record and 21 further Commonwealth Games records in 34 events.

During this session, New Zealand women Joy Douglas and Julie Compton set Commonwealth Games records, and in men's competition Graeme Condon set a record.

In fact Joy Douglas set two Games records, one of 25.5s for the women's freestyle front class 2 event, and again with 33.9s in the freestyle back event.

Julie Compton's record came in class 1 B competition in the freestyle back event.

Graeme Condon, in the 50 metres freestyle back event for class 3 competitors set a new mark of 55.1s.

SIX GOLDS

New Zealand gained six gold medals, Condon and Douglas each gaining two, Compton one, and Chris Nicholls one. Silver medals came from Graeme Marett, Keith McCormick, Rob Porter, Condon and Simon Chaffey. Chaffey also collected a bronze medal, as did Bev Williams and Gaye Kissick.

The only world record to fall came in the men's 3 x 25 metres individual medley for class 2 competitors, with Australian D. McPherson setting a new mark of 1m 32.8s.

The first and only world record of the swimming competitions came in the last event swum in the morning—the class 2 men's 3 x 25

metres freestyle, finishing only a tenth of a second behind the winner, W. Thornton of England.

Thornton's time of 54.4s was a new Commonwealth Games record—the old mark stood at 54.8s. Condon's time was also inside the old record, held by Thornton, with third-placed J. Smith (Scotland) some distance back at 60.5s.

The first Commonwealth Games record to fall came in the men's 25 metres breaststroke (class one B event) when Jamaica's Patrick Reid slashed his Commonwealth record time from 40.2s to 33.4s. While this was a great amount to take off the previous mark, it was still outside Reid's world record of 31.9s.

Reid gained a further gold medal in the men's 25 metres freestyle front in a time of 34.4s, with the only other competitor, Australia's G. Harris, finishing in 54.8s.

Jamaica's Rowe set another Commonwealth Games record in the men's 50 metres freestyle back class five event with a time of 1m 30s. New Zealand's Simon Chaffey, the only other competitor, won the silver medal with 2m 4.3s, although this was well outside the previous Games mark of 1m 46.1s.

The women's class two 25 metres breaststroke saw another Commonwealth Games record set by a Jamaican, when D. Mullings set a new mark of 29.9s, bettering the previous mark, which was held by Scotland's M. Jones, of 35.2s.

Another Commonwealth Games record was set in the men's class two 25 metres breaststroke when England's D. Ellis finished first in 26.5s, taking 2.9s off his old mark, and coming close to his world record of 25.5s.

New Zealand's Graeme Marett took the silver medal in 30.3s, with Australia's D. McPherson taking the bronze in 33.5s.

SOLO EFFORT

Scotland's B. Anderson achieved a remarkable Commonwealth Games record in the women's freestyle front class one B event when, in a solo effort, she reduced her Games time from 1m 22.7s to 58.4s.

The men's freestyle front 25 metres class two event was an all Australian affair with J. Hind setting a new Commonwealth Games record of 22.7s to take the gold medal. The old record was 28s, set at Edinburgh by D. Ellis (England).

In furtherance of the record breaking spree at the pool, Australia's E. Boulter set a new Commonwealth Games record in the men's 25 metres freestyle back class two event with a time of 24.9s. The old mark, held by England's D. Ellis was 29.2s. Boulter was, in fact, nudging his world record for the event of 24.35s.

Jamaica's P. Reid set another Commonwealth Games record in winning the men's 25 metres freestyle back class one B event in 32s, bettering the previous mark of 37.3s held by England's A. West.

In second place, and the only other competitor in this event, was New Zealand's Keith McCormick in 41s.

AFTERNOON SESSION

The first Commonwealth Games record of the afternoon session came in the women's class three 50 metres breaststroke, when Scotland's Nella McPherson finished in 58.7s to break the old mark set at Edinburgh by K. Hill (England) of 1m 8.2s.

Jamaica's O. Morgan set another Commonwealth Games record in the men's 50 metres breaststroke class four, with a time of 51.8s. Morgan, the defending titleholder and recordholder, took three seconds off his previous best time.

D. Bonnar (Scotland) took his second gold of the afternoon session when he narrowly beat Jamaican M. Rowe home in a new Commonwealth Games time. Bonnar's time for the event was 1m 26.3s and Roses's was 1m 27.1s.

Australia's C. Ireland, swimming alone in the women's class three 50 metres freestyle front, was combined for her race with class four. Her time for the event, 1m 1.8s, took three seconds off the Games record held by Australia's C. Lloyd-Strom.

Australia's R. Morrison took 20.4s off the Games record for the men's 50 metres freestyle front class four, in a time of 36.3s. In fact all three medal winners were inside the old time of 56.7s held by England's B. Dickenson.

Jamaican Nella McPherson set another Games mark in the women's 50 metres freestyle back class three event, winning in 54.5s, to shatter the old mark of 68.5s held by England's P. Rock. The silver medallist and the only other competitor was Scotland's V. Robertson, with a time of 1m 18.9s.

England's J. Orpwood set a new Games mark in the women's 50 metres freestyle back class 4 event with a time of 52s, bettering the previous mark by 4.2s. New Zealand's Gay Kissick took the bronze in 63.5s.

PENTATHLON

New Zealand gained one gold medal, three silver and two bronze medals in competition through the classes of the men's and women's pentathlon events.

Eve Rimmer gained her fourth gold medal of the Games in the women's class 3 pentathlon, building on her overnight score of 4,280 points after four events, to finish with 5,105 points following the swimming event yesterday. This left her 650 points clear of second placed B. Howie (Scotland).

The five events she competed in, as did all other pentathlon competitors, were shot put, javelin, archery, dash and swimming.

Keith McCormick in class 1 competition gained a further 756 points in his swimming event yesterday to take him to 2,562 points behind Jamaica's Patrick Reid. Mc-

Cormick held his second position from Thursday.

MARETT'S MEDAL

Otago's Graeme Marett gained a further 1,010 points to hold his second position and take the silver medal in the class 2 competition. In the same competition Leo Close held on for third place and the bronze medal, despite only gaining 136 points in swimming, which took his total to 2,895 points.

New Zealand's other silver medal in pentathlon events went to Chris Nicholls in class 3. Nicholls was sixth in the competition overnight, but gained a magnificent 1,312 points in swimming yesterday to boost him into second place overall.

New Zealand's bronze medal went to Otago's Bill Lean in class 4. Lean had been in second place overnight, after four events, but was only able to gain a further 263 points in swimming. This let England's C. Peat, who had been third overnight, through to take the silver after gaining 628 points from the swimming. Lean's final total was 2,916 points, and Peat's 2,952.

DARTCHERY

Brilliant shooting by Australia's A. Conn and R. Fowler in the first game of their three-match series in the men's pairs darchery final, gave them the winning edge over England's I. Rowson and I. Smith.

Both teams were away with doubles from their first arrows, but it took the Australians only seven more shots to complete the first game.

Conn shot a double with his first and went on to score 120. Then Fowler with his three arrows shot two triple 20s and a three to leave the team 58 to get. Conn scored an 18 and then a double 20 to give his team a great win.

England levelled the match by winning a somewhat longer second game, but Australia took the third when Fowler scored the winning double while England still needed 108 points.

TOO CONSISTENT

In the women's pairs final the tempo was slower, but England's M. Cooper and S. Coles proved a little too consistent for Australia's L. Lenhard and M. Ross.

BASKETBALL

England made certain of going through to the final of the men's basketball competition when it retained its unbeaten record for the tournament in the Caledonian Gymnasium last night.

At the School of Physical Education Gymnasium in the match to decide fifth and sixth placings, Hong Kong and New Zealand fought a cliff-hanger in a low-scoring game. In the end it was Hong Kong in front at the call of time by 19-18.

Australia thus plays England in the final today, while Scotland and Jamaica will dispute the bronze medal.

Paraplegic Games Results

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The first and only world record of the swimming competitions came in the last event swum in the morning—the class 2 men's 3 x 25 metres individual medley.

Australia's D. McPherson covered the distance in 1m 32.8s to better the previous mark of 1m 42.3s held by Winnock of Canada.

The only other competitor in the race, E. Boulter of Australia, was also inside the old world record with 1m 35.2s.

OLD MARK

New Zealand gained a further gold and bronze medal in the women's 25 metres freestyle back, class 1 B event, with Julie Compton taking the gold in a new Commonwealth Games record time of 46s. The old mark stood at 46.8s, held by Scotland's B. Anderson.

The silver medal went to Anderson in 49.2s, and New Zealand's Bev Williamson took the bronze in 51.6s.

Chris Nicholls brought home another gold for New Zealand in the men's 50 metres freestyle front event for class 3 competitors, winning in 46.5s from Scotland's J. Smith (50.8s), and Australia's R. Jordan (68.3s).

Dunedin's Rob Porter, who broke his back some time ago playing rugby, put in a gallant performance in the men's 25 metres freestyle back class 1A invitation event, but was unable to come anywhere near the winner, A. West (England), who set a new Commonwealth Games record for the event.

West's time for the event was 38.4s, which easily beat the old mark of 69.3s held by Scotland's L. Stimson. Porter, the only other competitor in the event, finished in 1m 20.6s.

UNLUCKY

Graeme Condon was unlucky in missing out on another gold for New Zealand

held by England's B. Dickenson.

Jamaican Nella McPherson set another Games mark in the women's 50 metres freestyle back class three event, winning in 54.5s, to shatter the old mark of 68.5s held by England's P. Rock. The silver medallist and the only other competitor was Scotland's V. Robertson, with a time of 1m 18.9s.

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Paraplegic Games Results

Abbreviations used in results are: Australia (Aus), England (Eng), Fiji (F), Hong Kong (HK), India (I), Jamaica (Jam), Kenya (Ken), Malaysia (Mal), New Zealand (NZ), Northern Ireland (NI), Scotland (Scot), Republic of Singapore (RS), Wales (W).

SWIMMING

Men's 3 x 25 Metres Individual Medley (Class 2). — G. Condon (NZ) 1m 29.3s, 1; W. Thornton (Eng) 1m 31.5s, 2; R. Jordan (Aus) 1m 52.7s, 3.

Women's 3 x 25 Metres Individual Medley (Class 3). — N. McPherson (Jam) 1m 28.6s, 1; C. Ireland (Aus) 1m 49.4s, 2.

Men's 25 Metres Breaststroke (Class 1B). — P. Reid (Jam) 33.4s (Commonwealth Games record), 1; R. Soutar (Aus) 34.5s, 2; G. Harris (Aus) 1m 3.8s, 3.

Women's 25 Metres Breaststroke (Class 2). — D. Mullings (Jam) 29.9s (Commonwealth Games record), 1; P. Foley (Aus) 38s, 2; M. Jones (Scot) 38.6s, 3.

Men's 25 Metres Breaststroke (Class 2). — D. Ellis (Eng) 26.5s (Commonwealth Games record), 1; G. Marett (NZ) 30.3s, 2; D. McPherson (Aus) 33.5s, 3.

Women's Freestyle Front (Class 1B). — B. Anderson (Scot) 38.4s (Commonwealth Games record), 1.

Women's Freestyle Front (Class 2). — J. Douglas (NZ) 25.5s (Commonwealth Games record), 1; P. Foley (Aus) 27.3s, 2; D. Mullings (Jam) 29.7s, 3.

Men's 25 Metres Freestyle Front (Class 1B). — P. Reid (Jam) 34.4s, 1; G. Harris (Aus) 34.8s, 2.

Men's 25 Metres Freestyle Front (Class 2). — J. Hind (Aus) 22.7s (Commonwealth Games record), 1; E. Boulter (Aus) 24.8s, 2; D. McPherson (Aus) 25.5s, 3.

Women's 25 Metres Freestyle Back (Class 1B). — J. Compton (NZ) 46s (Commonwealth Games record), 1; B. Anderson (Scot) 49.2s, 2; B. Williamson (NZ) 51.6s, 3.

Women's 25 Metres Freestyle Back (Class 2). — J. Douglas (NZ) 33.9s (Commonwealth Games record), 1; D. Mullings (Jam) 35.9s, 2; M. Jones (Scot) 36.7s, 3.

Men's 25 Metres Freestyle Back (Class 1B). — P. Reid (Jam) 32s (Commonwealth Games record), 1; K. McCormick (NZ) 41s, 2.

Men's 25 Metres Freestyle Back (Class 2). — E. Boulter (Aus) 24.9s (Commonwealth Games record), 1; J. Hind (Aus) 26.7s, 2; D. Ellis (Eng) 27.5s, 3.

Men's 25 Metres Freestyle Back (Class 1A, Invitation). — A. West (Eng) 38.4s (Commonwealth Games record), 1; R. Porter (Dunedin) 1m 20.6s, 2.

Men's 3 x 25 Metres Individual Medley (Class 2). — D. McPherson (Aus) 1m 32.8s (World and Commonwealth Games record), 1; E. Boulter (Aus) 1m 35.2s, 2.

Women's 3 x 25 Metres Individual Medley (Class 3). — P. Foley (Aus) 1m 42.4s, 1.

Men's 100 Metres Breaststroke (Class 3). — D. Bonnar (Scot) 2m 4.5s, 1.

Women's 50 Metres Breaststroke (Class 3). — N. McPherson (Scot) 34.4s (Commonwealth Games record), 1; C. Ireland (Aus) 1m 12.9s, 2; V. Robertson (Scot) 1m 25.2s, 3.

Men's 50 Metres Breaststroke (Class 3). — W. Thornton (Eng) 34.4s (Commonwealth Games record), 1; G. Condon (NZ) 54.5s, 2; J. Smith (Scot) 60.5s, 3.

Men's 50 Metres Breaststroke (Class 4). — O. Morgan (Jam) 51.8s (Commonwealth Games record), 1; M. McCreadie (Scot) 55.5s, 2; N. C. Poon (HK) 1m 18.9s, 3.

Women's 50 Metres Breaststroke (Class 4). — D. Smith (Eng) (no time available), 1.

Men's 100 Metres Freestyle Front (Class 3). — D. Bonnar (Scot) 1m 26.3s (Commonwealth Games record), 1; M. Rowe (Jam) 1m 27.1s, 2; J. Clark (Scot) 1m 31.8s, 3.

Women's 50 Metres Freestyle Front (Class 3). — C. Ireland (Aus) 1m 1.8s (Commonwealth Games record), 1.

Women's 50 Metres Freestyle Front (Class 4). — P. English (Aus) 45.9s, 1; D. Smith (Eng) 46.4s, 2; J. Orpwood (Eng) 48.6s, 3.

Men's 50 Metres Freestyle Front (Class 3). — C. Nicholls (NZ) 46.5s, 1; J. Smith (Scot) 50.8s, 2; R. Jordan (Aus) 68.3s, 3.

Men's 50 Metres Freestyle Front (Class 4). — R. Morrison (Aus) 36.3s (Commonwealth Games record), 1; N. C. Poon (HK) 48.1s, 2; S. F. Tanapal (RS) 54.9s, 3.

Men's 100 Metres Freestyle Back (Class 3). — M. Rowe (Jam) 1m 50s (Commonwealth Games record), 1; S. Chaffey (NZ) 2m 4.3s, 2.

Women's 50 Metres Freestyle Back (Class 3). — N. McPherson (Jam) 34.4s (Commonwealth Games record), 1; V. Robertson (Scot) 1m 18.9s, 2.

Women's 50 Metres Freestyle Back (Class 4). — J. Orpwood (Eng) 52s (Commonwealth Games record), 1; P. English (Aus) 59.8s, 2; G. Kissick (NZ) 63.5s, 3.

Men's 50 Metres Freestyle Back (Class 3). — G. Condon (NZ) 35.1s (Commonwealth Games record), 1; W. Thornton (Eng) 57.9s, 2; R. Jordan (Aus) 58.7s, 3.

Men's 50 Metres Freestyle Back (Class 4). — R. Morrison (Aus) 41.2s (Commonwealth Games record), 1; O. Morgan (Jam) 43.4s, 2; M. McCreadie (Scot) 44.2s, 3.

Men's 3 x 50 Metres Individual Medley (Class 3). — M. Rowe (Jam) 2m 41.6s, 1; D. Bonnar (Scot) 2m 50.2s, 2; S. Chaffey (NZ) 3m 26.2s, 3.

Both teams were away with doubles from their first arrows, but it took the Australians only seven more shots to complete the first game.

Conn shot a double with his first and went on to score 120. Then Fowler with his three arrows shot two triple 20s and a three to leave the team 58 to get. Conn scored an 18 and then a double 20 to give his team a great win.

England levelled the match by winning a somewhat longer second game, but Australia took the third when Fowler scored the winning double while England still needed 108 points.

TOO CONSISTENT

In the women's pairs final the tempo was slower, but England's M. Cooper and S. Coles proved a little too consistent for Australia's L. Lenhard and M. Ross.

BASKETBALL

England made certain of going through to the final of the men's basketball competition when it retained its unbeaten record for the tournament in the Caledonian Gymnasium last night.

At the School of Physical Education Gymnasium in the match to decide fifth and sixth placings, Hong Kong and New Zealand fought a cliff-hanger in a low-scoring game. In the end it was Hong Kong in front at the call of time by 19-18.

Australia thus plays England in the final today, while Scotland and Jamaica will dispute the bronze medal.

WOMEN'S PENTATHLON

Class two.—D. Jackson (Eng) 4,771 points, 1; M. Marr (Scot) 3,468 points, 2; G. Matthews (Eng) 2,273 points, 3.

Class three.—E. Rimmer (NZ) 5,105 points, 1; B. Howie (Scot) 4,545 points, 2; V. Robertson (Scot) 3,905 points, 3.

Class four.—C. Bryant (Eng) 3,257 points, 1.

MEN'S PENTATHLON

Class one.—P. Reid (Jam) 3,957 points, 1; K. McCormick (NZ) 2,562 points, 2; R. Soutar (Aus) 983 points, 3.

Class two.—F. Ponda (Aus) 5,173 points, 1; G. Marett (NZ) 4,963 points, 2; L. Closs (NZ) 2,895 points, 3.

Class three.—T. Mason (Aus) 4,696 points, 1; C. Nicholls (NZ) 3,980 points, 2; W. Levick (Eng) 3,756 points, 3.

Class four.—J. Martin (Aus) 3,941 points, 1; C. Peat (Eng) 2,852 points, 2; W. Lean (NZ) 2,916 points, 3.

Class five.—J. Clark (Scot) 3,256 points, 1; C. Heppie (Eng) 2,817 points, 2.

DARTCHERY

Men's pairs final (best of three games).—Australia (A. Conn, R. Fowler) beat England (I. Rowson, I. Smith) 2-1. J. A. Robertson and R. Samson (Scotland) won the bronze medal.

Women's pairs final (best of three games).—England (M. Cooper, S. Coles) beat Australia (L. Lenhard, M. Ross) 2-nil.

Mixed pairs final (best of three games).—England (I. Smith, S. Coles) beat New Zealand (C. Nicholls, E. Rimmer) 2-nil. Australia beat Northern Ireland in the shoot-off for the bronze medal.

SNOOKER

Semi-final (best of three frames).—J. Gibson (NI) beat N. Simmons (Aus), 2-nil; M. Shelton (Eng) beat W. Phillips (W) 2-nil.

BASKETBALL

Post section.—England beat Scotland 60-18; Australia beat Jamaica 60-33; Hong Kong beat New Zealand 19-18.



JOY DOUGLAS, of New Zealand, receives one of her two Commonwealth Paraplegic Games gold medals at Moana pool yesterday from Mr C. Atkinson, technical adviser to the International Stoke Mandeville Games Federation. Beyond the winner is the second placegetter, D. Mullins (Jamaica), and in the foreground is the third placegetter, M. Jones (Scotland). They were competitors in the women's freestyle (class 2).



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JOY DOUGLAS, of New Zealand, receives one of her two Commonwealth Paraplegic Games gold medals at Moana pool yesterday from Mr C. Atkinson, technical adviser to the International Stoke Mandeville Games Federation. Beyond the winner is the second placegetter, D. Mullins (Jamaica), and in the foreground is the third placegetter, M. Jones (Scotland). They were competitors in the women's freestyle (class 2).



HEAVY RAIN does not impair the accuracy of G Smout (Australia) as he competes in the precision javelin throwing event. This competition was held after the opening ceremony of the fourth British Commonwealth Paraplegic Games at the Caledonian Ground in Dundee.

Medals Table

At the end of the second day of the Fourth British Commonwealth Paraplegic Games, England heads the list of medal winners.

To date, its competitors have collected a total of eight gold, five silver and two bronze medals.

The medals table is:

	G	S	B
England	8	5	2
Australia	4	3	4
N. Ireland	1	1	1
Jamaica	1	-	-
Scotland	-	2	3
New Zealand	-	1	1
Hong Kong	-	1	-

England Has Field Day In Paraplegic Games

By the Sports Editor

It was England's day in the Fourth British Commonwealth Paraplegic Games yesterday, when the first full day of competition was held with contests being waged in archery, darts, fencing, table tennis and the women's slalom.

The day was overcast throughout and cold during the afternoon. But, fortunately, for those competing in events held in the open air, the drizzle which was falling earlier in the morning cleared before the first competitions of the day were due to begin.

England, which collected a gold medal for the women's pairs bowling on Sunday, added another seven golds to its tally yesterday from wins in the fencing, table tennis and slalom.

In addition, English competitors also accounted for five silver and two bronze medals during the day to take their team well clear of Australia on the medals table. Australia had taken the honours on the opening day on Sunday with two gold, two silver and a bronze.

The stranglehold English and Australian athletes appeared to be taking on first places was broken when J. Jamison (Northern Ireland) won the men's class 1A (invitation) table tennis title during the morning at the School of Physical Education Gymnasium.

MAJOR UPSET

Jamison actually caused a major upset in this event by beating the Australian titleholder, C. Rickard, in his first match.

Then in the afternoon J. McPherson won Jamaica's first gold medal with an outstanding performance in the demanding and exciting women's slalom class 3 event.

Miss McPherson not only won the gold medal, but her winning time was better than that recorded by the fastest competitor in the class 4 section, a higher grade than that in which she competed.

In the meantime, archers competed in the first round of both the Double FITA and

St Nicholas events. They reached the halfway mark in the first round FITA competition, which will be completed today, with the second rounds taking place tomorrow and Thursday. Until this series is completed, the results of the St Nicholas competition will not be released.

At the University Union Hall fencers were in action during the morning, afternoon and night, some of the competitors being involved in events at all three sessions. It was a hard day for many, because the competition was extremely keen.

N.Z.'S FIRST FINAL

There were two darts matches played, both of which had been postponed from Sunday because of the inclement weather.

These were semi-final games in the mixed pairs and results saw New Zealand going into its first final at the Games.

Competitors, equipped with bows, shot at targets in similar fashion to ordinary darts, and games had to be completed by scoring a double in normal fashion.

In the first match, England went through to the final at the expense of Australia, while New Zealand beat Northern Ireland.

Today marks the first really big day of the Games. In addition to archery, table tennis and fencing continues, bowls will also be played at Logan Park, while there will be track and field events at the Caledonian Ground, basketball at the War Memorial Gymnasium at the Caledonian Ground and the first of the weightlifting at the University Union.

ARCHERY

By the time competitors were ready to take part in the Double FITA and St Nicholas archery events—shot over ranges at Logan Park in the morning—the light drizzle had cleared and the weather was completely calm.

Competitors relished the conditions and scoring in both sections was good, particularly in both the men's and women's Double FITA competition.

The men shot the first half of their first round over ranges of 90 and 70 metres while the women's targets were at 70 and 60 metres.

At the end of the first half of the men's series, only 17 points separated the first five competitors. England's J. Campbell coming off the range with the top score of 244 after shooting over the 90 metres distance. By the time he competed at 70 metres he had scored in excess of 500.

Scoring was uniformly high among women competitors also, with more than one finishing the session at least halfway toward the 1,000 total which brings with it a FITA star badge.

But details of progress scores at the halfway mark

Double FITA series were not released by the official results centre. They are being withheld until the round is completed.

Results from the St Nicholas series, a contest of which was also shot at the session, will not be released until the Double FITA winners are discovered. This follows procedure laid down for international competition by the governing body of the sport, FITA.

TABLE TENNIS

In table tennis competition, which began in the School of Physical Education Gymnasium yesterday morning, England was the dominant country, gaining two gold and two silver medals.

Australia and Northern Ireland each took one gold and one silver medal, and Australia also won two bronze medals. Scotland also figured with two bronzes, and New Zealand gained one.

In the men's singles class 1A competition, Jim Jamison (Northern Ireland) won the first gold of the day by beating Australian Phil Marsh in the final.

Jamison had earlier beaten the gold medal winner at the Edinburgh Games, Cliff Rickard (Australia) 21-13, 21-14 in the first set of the day.

England's T. Taylor won the men's 1B final from fellow countryman S. Bradshaw 21-14, 21-16. In the process of winning his way through to the final, Taylor beat Edinburgh silver medalist P. Reid (Jamaica), the only Edinburgh placegetter in this competition, 21-11, 21-15, again in the first round.

In women's competition, the class 1B final was won by Edinburgh bronze medalist J. Blackburn (England), when she beat the Edinburgh silver medalist, F. Lewers (Northern Ireland) 21-13, 21-12. The Commonwealth champion, J. Rushton (Wales), was not competing.

The women's class 2 competition was something of an upset, with Edinburgh gold and bronze medalists, M. Jones (Scotland) and D. Jackson (England), respectively, having to fight it out for third place.

The gold medal winner was Australian E. Schreiber, who beat England's E. Matthews 21-15, 21-15 in the final. The result of the battle for the bronze medal went to Jackson.

FENCING

In the final event last night, the final of the men's individual epee pools, England's C. Thomas came through unbeaten with four wins to repeat his win at the Edinburgh Games.

The competition, which was originally to have been run as two pools and a final pool, was run only as a final following the withdrawal of Australia's

G. Hooper and R. Jordan, and D. Winters (Wales).

Taking the silver medal was the Edinburgh bronze medal winner T. Willett (England) and in third place, giving him his second medal of the day, was J. Clark (Scotland). Willett came through with three wins, being beaten only by Thomas, while Clark was beaten by both Thomas and Willett.

Earlier in the day Clark won the men's individual foil, to retain the title he won in Edinburgh.

The men's team foil, contested only by England and Scotland, was won decisively by England, by a 7-2 margin.

SLALOM

England collected two golds, a silver and one bronze from the four classes in the women's slalom competition held on the Logan Park tennis courts in the afternoon.

The other two golds were won by Jamaica and Australia, which also collected a bronze. Hong Kong, Northern Ireland and Scotland all won silver medals, with Scotland also taking a bronze.

One of the most demanding events on the Games programme which calls for great skill in manoeuvring wheelchairs, competitors in all four classes—except class 1B—had to travel through narrow lanes bordered by flags, wheel either through a full or semi-circle, and drive up ramps where turns were also necessary.

For touching a flag, three seconds were deducted, while there were other deductions for following the incorrect course and disqualification for falling to the ground.

The event proved not only a novel one for the good crowd watching competitors in all four classes, but also an exciting one, drawing applause all round for faultless rounds.

Time for the course was the deciding factor and the outstanding performance of the afternoon was recorded by Jamaica's N. McPherson. She covered the journey without fault in 1m 21.4s to take the gold medal in class 3. This was 2.6s faster than returned by the winner of class 4, a higher grade, by England's J. Orpwood.

In class 2, won by England's L. Mahoney, only two competitors followed the correct course, the several others in this grade being disqualified because they did not correct errors they made.



A STONE sculpture of a horse by a paraplegic artist James Laird, is admired by the United Kingdom High Commissioner to New Zealand, Sir David Scott, in Dunedin yesterday. Associate Professor T. Esplin, who is in charge of design at the Otago University Home Science school and who was a judge, is at left. Lady Scott is at right.



P. SILVA, a member of the Welsh team competing at the Commonwealth Paraplegic Games in Dunedin, rests in bed at University College after breaking a leg. Discussing the Games programme is David Winters, the Welsh team manager.

Misfortune Strikes Games Participants

Misfortune has plagued at least three participants since they arrived in the city for the Fourth Commonwealth Paraplegic Games which enter their third day today.

So far the toll includes a man with a stroke, another with a broken leg, and a third struck on the head with a discus.

John Britton, manager of the Kenyan team, is in Dunedin Hospital after suffering a stroke. A spokesman at the games village said yesterday that he is in a comfortable condition.

A second Kenyan, C. Kipkanbol, was slightly injured when he was struck above the right eye by a discus being wielded by a companion yesterday morning.

His team mate was practising his swing with the discus, and as he drew his arm behind him Kipkanbol was hit on the forehead.

Kipkanbol was taken to hospital, where he was treated and discharged.

DISAPPOINTMENT

Paul Silva, a silver medalist for Wales at the 1970 Games in Edinburgh, is getting used to the bitter disappointment of missing out on all competition due to a broken leg.

He broke his leg on Saturday night while returning to the Games village from the University Union, which is the social centre for competitors.

Silva said he was going up a slope in his wheelchair, and while he was leaning forward the chair hit something in the

darkness and he was thrown to the ground.

After 18 months of intensive training for five events, he is bitterly disappointed at not being able to compete, but he is looking forward to seeing some of the Games.

At present he is confined to his bed at the Games village, but even that has its compensations. "I must say you have lovely nurses in Dunedin."

Doctors were optimistic about his being able to compete in some of his events—bowls, javelin, discus, shot and 100 metres—but Silva said he will scratch himself altogether.

Clothing exam successes

The following students from Teesside Polytechnic have passed the Clothing Institute Associationship Part 1 examinations:

Richard Clayton-Aison, Lorraine Susan Mahoney, John Gavin Robinson, Anne Margaret Thomas, Anthony Grainger, Paul Watts (retired in Design), Jane Margaret White (retired in Design).



A happy smile from 20-year-old Lorraine Mahoney who has been chosen for the Commonwealth Paraplegic Games.

Polio victim Lorraine swims for Britain in New Zealand games

LORRAINE MAHONEY has spent most of her life in a wheelchair but before you begin to feel sorry for her, let me tell you that she is not a girl who welcomes sympathy for the simple reason that she does not need it.

In fact this young student is having a much more exciting life at the moment than most of us for not only is she doing work she enjoys but she has just heard that she has been chosen to take part in the Commonwealth Paraplegic Games in New Zealand next January.

Middlesbrough-born Lorraine was only three when she became a polio victim which affected the lower part of her body and part of an arm. At first she had a home teacher, then went to boarding school. Two-and-a-half years were spent in hospital with spinal trouble but when she was 15, she went to her local grammar school and obtained six 'O' levels and three 'A' levels.

Lorraine is now doing a four-year-course for her Asso-

ciateship of the Clothing Institute. The first half has already been completed and recently she has come to Dukes and Marcus Ltd., in North Shields for a year's practical experience in their factory.

Entered

During this period of industrial training she will spend some time in each department learning everything about clothing manufacture from pattern-making to the completion of an outfit.

After doing her final year at a Manchester college, Lorraine hopes to enter the design side of the clothing trade.

It was after joining the British Polio Fellowship that she learned to swim at the

age of six and every week she went for a lesson. Her two years in hospital put an end to this interest and in fact, it was not until she was 16 years old that she became involved in this sport again.

At that time, she came into contact with the Teesside Disabled Sports Club and it was through this group that she was entered for the national paraplegic games at Stoke Mandeville.

"People come from all over the country and everyone who takes part is in a wheelchair," Lorraine told me. This adventurous girl entered the chair dash and the slalom — which included manoeuvring a chair around an obstacle course — and for these, she won two gold awards.

Lorraine also took part in the swimming events and achieved two silver awards.

Training

As a result, she was encouraged to concentrate on her swimming, for which she had a natural ability. At this year's national games, she took a gold for swimming and retained her gold for the two other events.

Swimming practice now take up about five evenings a week. Some of the sessions are in Tynemouth Swimming Pool and at weekends, when she returns home to Middlesbrough she has a swimming coach to help and advise her.

Every fortnight, her coach sends in a report to the official Great Britain coach of her times and distances and before the Commonwealth Games, she expects to spend a number of weekends at Stoke Mandeville for training sessions.

The Commonwealth Games are being held at Dunedin, New Zealand, next January and Lorraine will be entering the swimming section and taking part in track events. In all, the games last a week but the English team of about 50 competitors will be abroad for a total of three weeks.

Delighted

"It will be my first air trip and en route, we will spend two days in Los Angeles as guests of a disabled organisation," she said excitedly, "and after the games, we all have a week's holiday on the south island of New Zealand."

In the comparatively short time she has been seriously training, Lorraine has cut a considerable number of seconds from her original time when swimming. Competitors are graded into distances according to their disabilities and Lorraine is in the 25 metres section.

Lorraine is a very happy girl and is absolutely delighted at being included in the team. "As a newcomer to speed swimming, I am learning all the time and if I am not successful on this occasion, there may be another opportunity at the next games in four years time," Lorraine commented.

LAMB IS VERY VERSATILE

LAMB is a very versatile meat and equally delicious meals can be prepared from the cheapest cuts or the dearer joints. Here is a selection for you to try.

LAMB NEST

INGREDIENTS: 1 lb. cooked lamb (minced), 1 lb. potato (cooked and mashed), 1 pt. stock (made from meat cube), 1 clove garlic (crushed), 1 sm. tin tomato

paste, 1 teaspoon mixed herbs, salt and pepper.

METHOD: Combine lamb with stock, garlic, tomato paste, herbs and seasoning. Pipe mashed potato round side of shallow dish. Put meat mixture in centre and bake in centre of oven at 400 deg. F or Gas 6 for 30 minutes. Serve with vegetables and extra gravy if required.

WEEKEND RECIPES

LAMB CHOPS WITH VEGETABLE SAUCE

INGREDIENTS: 6 loin chops, 2 oz. butter, 1 onion (chopped), 1 cucumber (chopped), 1 x 7 oz. can sweetcorn niblets (drained), salt and pepper.

METHOD: Place chops under hot grill and cook for 10-15 minutes. For sauce, melt butter in a saucepan and add onion, cucumber

and corn. Season and saute for 10 minutes. Pour sauce over chops when serving.

CHEESY LAMB HOT POT

INGREDIENTS: 8 oz. onions (finely chopped), 1 oz. dripping, 12 oz. lamb from the shoulder (minced), 1 x 8 oz. can tomatoes, 8 oz. carrots (scrapped and sliced), 1 beef stock cube, salt and pepper, 1 1/2 lb. potatoes (peeled and sliced), 2 oz. Cheddar cheese (grated).

METHOD: Fry onions in fat until soft but not brown. Add meat and cook for 5-10 minutes. Add tomatoes, carrots and stock cube and simmer, covered, for 15 minutes.

Season to taste. Place mixture in layers with potatoes in a three-pint casserole, finishing with a layer of potatoes. Place in oven at 350 deg. F or Gas 4 for one hour. Sprinkle cheese on top and cook, uncovered, for a further 30 minutes until golden brown.

LAMB ROSETTES

INGREDIENTS: 1 breast lamb (boned), 1 lb. potatoes (thinly sliced), 4 oz. carrots (peeled and sliced), 2 oz. tomatoes (skinned and sliced), 1 stick celery (chopped), 1 sm. onion (chopped), 1 level teasp. flour, 1 pt. stock from meat cube.

Filling — 1 lamb kidney (Cored and chopped), 4 oz. sausagemeat, 1 egg, 1 level teasp. salt, a dash of Tabasco sauce, pinch pepper.

METHOD: Put lamb breast on a board, boned side up. Mix filling and spread on meat. Roll and tie in four places and cut to make four thick rosettes. Arrange vegetables in layers in a casserole, sprinkling each layer with flour. Add rosettes and stock. Cover and cook on centre shelf at 375 deg. F or Gas 5 for 30 minutes then remove lid and cook for further 45 minutes. Remove string before serving.

LAMB CUTLET EN CROUTE

INGREDIENTS: 6 lamb cutlets, 2 tblsp. oil, 1 lb. puff pastry, 1 oz. butter, 1 spring onion (finely chopped), 6 oz. mushrooms (finely chopped), 2 oz. cooked ham (finely

BIRTHDAY MEETING